

ᓄᓇᓕᓐᓂᓕ
 ᐃᑲᓕᓂᓐᓄᓐᓂᓐᓂᓐ ᐃᓕᓂᓐ
**Community
 Resource Card**

ᐃᓕᓂᓐᓂᓐ ᐃᓂᓐᓂᓐ ᑲᐅᓐᓂᓐᓂᓐ
 IKITIAHIMALUGU INUUIHIK KATIMAJIIT



EMBRACE LIFE COUNCIL
 CONSEIL SAISIS LA VIE

1-866-804-2782
 embracelife@inuusiq.com

ᐃᓕᓂᓐᓂᓐᓂᓐᓂᓐ CAMBRIDGE BAY

24 ᓕᓂᓐᓂᓐ ᐃᑲᓕᓂᓐᓂᓐ
 ᓕᓂᓐᓂᓐᓂᓐᓂᓐ :
Hour Resources:

ᓄᓇᓂᓐ ᑲᓕᓕᓂᓐᓂᓐᓂᓐ
 Nunavut Kamatsiaqtut Helpline (E/I)
 1-800-265-3333 or/ ᐅᓕᓂᓐᓂᓐᓂᓐ (867) 979-3333

ᓕᓂᓐᓂᓐ ᐅᓕᓂᓐᓂᓐᓂᓐ ᐃᑲᓕᓂᓐᓂᓐ
 Kids Help Phone (E/F)
 1-800-668-6868
Text 686868 | Type "TALK" to start talking to a counselor
 ᐅᓕᓂᓐᓂᓐᓂᓐᓂᓐ ᓄᓐᓂᓐᓂᓐᓂᓐᓂᓐᓂᓐ
 "TALK" ᓄᓐᓂᓐᓂᓐᓂᓐᓂᓐ ᐃᓂᓐᓂᓐᓂᓐ ᓕᓂᓐᓂᓐᓂᓐᓂᓐ
 Online Chat. kidshelpphone.ca

ᐃᓕᓂᓐᓂᓐᓂᓐᓂᓐᓂᓐ/ᐃᓕᓂᓐᓂᓐᓂᓐᓂᓐ ᐃᑲᓕᓂᓐᓂᓐ
 Employee/Family Assistance (E/I)
 Government of Nunavut ᓄᓇᓂᓐ ᓕᓂᓐᓂᓐ
 1-800-663-1142
 Government of Canada ᓕᓂᓐᓂᓐᓂᓐᓂᓐ
 (E/F) 1-800-268-7708

ᐃᓂᓐᓂᓐ ᓂᓂᓐᓂᓐ ᓕᓂᓐᓂᓐᓂᓐ ᐱᓕᓂᓐᓂᓐᓂᓐᓂᓐ
 Child First Initiative
 1-855-572-4453
 canada.ca/supporting-inuit-children
 *** Not counseling service, for financial support
 *** ᐃᓂᓐᓂᓐᓂᓐᓂᓐᓂᓐ, ᓂᓂᓐᓂᓐᓂᓐ ᐃᑲᓕᓂᓐᓂᓐ

E: English I: Inuktitut F: French
 E: ᓕᓂᓐᓂᓐᓂᓐ I: ᐃᓂᓐᓂᓐ F: ᐅᐃᐃᓂᓐᓂᓐ

Canada Suicide Prevention Service ᑲᓂᓂᓐ ᐃᓂᓐᓂᓐ
 PAA/ᓂᓂᓐᓂᓐᓂᓐᓂᓐ ᐱᓕᓂᓐᓂᓐᓂᓐ
 (24/7) 1-833-456-4566

Texting service 45645 ᐅᓕᓂᓐᓂᓐᓂᓐᓂᓐ
 ᓄᓐᓂᓐᓂᓐᓂᓐᓂᓐᓂᓐ ᐃᓂᓐᓂᓐᓂᓐᓂᓐ, ᓕᓂᓐᓂᓐᓂᓐᓂᓐ
 Online Chat. crisiservicescanada.ca

ᐃᓂᓐᓂᓐ ᐅᓕᓂᓐᓂᓐᓂᓐ ᓂᓂᓐᓂᓐᓂᓐᓂᓐ ᐃᑲᓕᓂᓐᓂᓐ
 Assaulted Women's Helpline (E/F)
 1-866-863-0511

ᐃᓂᓐᓂᓐᓂᓐᓂᓐᓂᓐᓂᓐᓂᓐ ᐃᓂᓐᓂᓐᓂᓐᓂᓐᓂᓐᓂᓐ
 ᐃᓂᓐᓂᓐᓂᓐᓂᓐᓂᓐᓂᓐᓂᓐ ᐅᓕᓂᓐᓂᓐᓂᓐ
 Residential School Survivors Help Line
 (E/I) 1-866-925-4419

ᐃᓂᓐᓂᓐ ᐃᓂᓐᓂᓐᓂᓐ ᓄᓐᓂᓐᓂᓐᓂᓐᓂᓐ
 ᓂᓂᓐᓂᓐᓂᓐᓂᓐᓂᓐᓂᓐ
 ᓕᓂᓐᓂᓐᓂᓐᓂᓐᓂᓐ ᐅᓕᓂᓐᓂᓐᓂᓐ
 Inuit and First Nations Hope for Wellness
Helpline (E/I) 1-855-242-3310

ᐃᑦᓴᐅᐅᐅᑦᑎᐱᑦ Iqaluktuuttiaq

ᐃᓄᑦᑎᐅᓄᑦ
Children and Family Services
(867) 983-4071

ᐃᓄᑦᑎᐅᓄᑦ ᑕᐱᐃᑦᐱᑦᑕᐅᑦᑎᑦ
Children and Family Services Emergency
(867) 983-5199

ᓄᓄᑦᑎᐱᑦ ᐱᑦᓄᑦᑎᑦᐱᑦᑎᑦᑎᑦᑎᑦᑎᑦᑎᑦᑎᑦᑎᑦᑎᑦᑎᑦ
Community Health Representative
(867) 983-4190, or /ᐅᑦᑎᑦᑎᑦᑎᑦ 4067

ᓄᓄᑦᑎᐱᑦ ᐱᑦᓄᑦᑎᑦᐱᑦᑎᑦᑎᑦᑎᑦᑎᑦᑎᑦᑎᑦᑎᑦ
Community Justice Outreach Worker
(867) 983-4092, or /ᐅᑦᑎᑦᑎᑦᑎᑦ 4017

ᐃᓄᑦᑎᑦᑎᑦᑎᑦᑎᑦᑎᑦᑎᑦᑎᑦᑎᑦᑎᑦᑎᑦ
Department of Healthy Living
(867) 983-4670

ᐃᓄᑦᑎᑦᑎᑦᑎᑦᑎᑦᑎᑦᑎᑦᑎᑦᑎᑦᑎᑦᑎᑦ
Fire Emergency Calls
(867) 983-2222

ᐃᓄᑦᑎᑦᑎᑦᑎᑦᑎᑦᑎᑦᑎᑦᑎᑦᑎᑦ
Hamlet office
(867) 983-4650

Cambridge Bay

ᐱᑦᓄᑦᑎᑦᑎᑦ
Health Centre
(867) 983-4500

ᐃᑦᑎᑦᑎᑦᑎᑦᑎᑦ
Housing Association
(867) 983-2465

ᓄᓄᑦᑎᑦᑎᑦᑎᑦᑎᑦᑎᑦᑎᑦᑎᑦ
Income support
(867) 983-4031

ᓄᓄᑦᑎᑦᑎᑦ ᐱᑦᓄᑦᑎᑦᑎᑦᑎᑦᑎᑦᑎᑦᑎᑦᑎᑦ
Nunavut Victim Services
1-866-456-5216

ᐱᑦᓄᑦᑎᑦᑎᑦᑎᑦᑎᑦᑎᑦᑎᑦᑎᑦᑎᑦ
Office of the Representative for Children and Youth
1-855-449-8118

ᐱᑦᓄᑦᑎᑦᑎᑦᑎᑦᑎᑦᑎᑦᑎᑦᑎᑦ
Psychiatric Nurse
(867) 983-4535

ᐱᑦᓄᑦᑎᑦᑎᑦᑎᑦᑎᑦᑎᑦᑎᑦᑎᑦ
RCMP
(867) 983-0123, or /ᐅᑦᑎᑦᑎᑦᑎᑦ 1111

ᐃᑦᓴᐅᐅᐅᑦᑎᐱᑦ What We Offer

ᐃᑦᓴᐅᐅᐅᑦᑎᐱᑦ, ᐃᑦᓴᐅᐅᐅᑦᑎᐱᑦᑎᑦᑎᑦᑎᑦᑎᑦᑎᑦᑎᑦᑎᑦᑎᑦ
ᓄᓄᑦᑎᑦᑎᑦᑎᑦᑎᑦᑎᑦᑎᑦᑎᑦᑎᑦᑎᑦᑎᑦᑎᑦᑎᑦᑎᑦ

Applied Suicide Intervention Skills Training (ASIST)
2-day workshop / ᐅᑦᑎᑦᑎᑦᑎᑦ ᐃᑦᓄᑦᑎᑦᑎᑦᑎᑦᑎᑦᑎᑦ

ᐃᓄᑦᑎᑦᑎᑦᑎᑦᑎᑦᑎᑦᑎᑦᑎᑦᑎᑦᑎᑦᑎᑦ
ᐃᑦᓴᐅᐅᐅᑦᑎᐱᑦᑎᑦᑎᑦᑎᑦᑎᑦᑎᑦᑎᑦᑎᑦ

Canadian Firearms Safety Course
1-day workshop / ᐅᑦᑎᑦᑎᑦᑎᑦ ᐃᑦᓄᑦᑎᑦᑎᑦᑎᑦᑎᑦᑎᑦᑎᑦ

ᐃᓄᑦᑎᑦᑎᑦ ᐱᑦᓄᑦᑎᑦᑎᑦᑎᑦ
Life Matters
2-day workshop / ᐅᑦᑎᑦᑎᑦᑎᑦ ᐃᑦᓄᑦᑎᑦᑎᑦᑎᑦᑎᑦᑎᑦ

ᐱᑦᓄᑦᑎᑦᑎᑦ, ᐱᑦᓄᑦᑎᑦᑎᑦᑎᑦᑎᑦᑎᑦᑎᑦ
Our Children, Our Responsibility (OCOR)
1-day workshop / ᐅᑦᑎᑦᑎᑦᑎᑦ ᐃᑦᓄᑦᑎᑦᑎᑦᑎᑦᑎᑦᑎᑦ

ᐃᓄᑦᑎᑦᑎᑦᑎᑦᑎᑦᑎᑦᑎᑦ
Reach Out
Half-day workshop / ᐅᑦᑎᑦᑎᑦᑎᑦ ᐃᑦᓄᑦᑎᑦᑎᑦᑎᑦᑎᑦᑎᑦ

ᓄᓄᑦᑎᑦᑎᑦᑎᑦᑎᑦᑎᑦᑎᑦᑎᑦᑎᑦᑎᑦᑎᑦᑎᑦ
ᐱᓄᑦᑎᑦᑎᑦᑎᑦᑎᑦᑎᑦᑎᑦᑎᑦᑎᑦᑎᑦᑎᑦᑎᑦᑎᑦᑎᑦ
Trauma Informed Practice
1-day workshop / ᐅᑦᑎᑦᑎᑦᑎᑦ ᐃᑦᓄᑦᑎᑦᑎᑦᑎᑦᑎᑦᑎᑦ

ᐱᑦᓄᑦᑎᑦᑎᑦᑎᑦᑎᑦᑎᑦᑎᑦᑎᑦᑎᑦᑎᑦᑎᑦ
Healing Support Group Facilitator Training
2-day workshop / ᐅᑦᑎᑦᑎᑦᑎᑦ ᐃᑦᓄᑦᑎᑦᑎᑦᑎᑦᑎᑦᑎᑦ