

ᓄᓇᓕᓐᓂᓕ
 ᐃᑲᓕᓂᓐᓄᓐᓂᓐᓂᓐ ᐃᑲᓕᓂᓐ
**Community
 Resource Card**

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 IKITIAHIMALUGU INUUIHIK KATIMAJIIT



EMBRACE LIFE COUNCIL
 CONSEIL SAISIS LA VIE

1-866-804-2782
 embracelife@inuusiq.com

ᐃᑲᓕᓂᓐ ᐃᑲᓕᓂᓐ **GRISE FIOR**

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Hour Resources:

ᓄᓇᓂᓐ ᑲᓕᓕᓂᓐᓂᓐ
 Nunavut Kamatsiaqtut Helpline (E/I)
 1-800-265-3333 or/ ᐅᓕᓂᓐᓂᓐ (867) 979-3333

ᓕᓂᓐᓂᓐ ᐅᓕᓂᓐᓂᓐ ᐃᑲᓕᓂᓐᓂᓐ
 Kids Help Phone (E/F)
 1-800-668-6868

Text 686868 | Type "TALK" to start talking to a counselor
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 "TALK" ᐃᑲᓕᓂᓐᓂᓐ ᐃᑲᓕᓂᓐᓂᓐ ᐃᑲᓕᓂᓐᓂᓐ
 Online Chat. kidshelpphone.ca

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 Employee/Family Assistance (E/I)
 Government of Nunavut ᓄᓇᓂᓐ ᓕᓂᓐᓂᓐ
 1-800-663-1142

Government of Canada ᓕᓂᓐᓂᓐ
 (E/F) 1-800-268-7708

ᐃᑲᓕᓂᓐ ᐃᑲᓕᓂᓐ ᐃᑲᓕᓂᓐ
 Child First Initiative
 1-855-572-4453

canada.ca/supporting-inuit-children

*** Not counseling service, for financial support
 *** ᐃᑲᓕᓂᓐᓂᓐ ᐃᑲᓕᓂᓐᓂᓐ ᐃᑲᓕᓂᓐᓂᓐ

E: English I: Inuktitut F: French
 E: ᓂᓄᓕᓂᓐ I: ᐃᑲᓕᓂᓐ F: ᐃᑲᓕᓂᓐ

Canada Suicide Prevention Service ᑲᓄᓕᓂᓐ ᐃᑲᓕᓂᓐ
 PAA/ᓂᓄᓕᓂᓐ ᐃᑲᓕᓂᓐ ᐃᑲᓕᓂᓐ
 (24/7) 1-833-456-4566

Texting service 45645 ᐅᓕᓂᓐᓂᓐ
 ᐃᑲᓕᓂᓐᓂᓐ ᐃᑲᓕᓂᓐᓂᓐ ᐃᑲᓕᓂᓐᓂᓐ
 Online Chat. crisiservicescanada.ca

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 Assaulted Women's Helpline (E/F)
 1-866-863-0511

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 Residential School Survivors Help Line
 (E/I) 1-866-925-4419

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 Inuit and First Nations Hope for Wellness
Helpline (E/I) 1-855-242-3310

Ausuittuq

ΔΔοορρλλββδδ
Children and Family Services
(867) 980-4020

μμοορργγ ρρλλσσααββγγααππρρσσρρ
Community Health Representative
(867) 980-9923

μμοορργγ λλςςδδεεσσρρσσρρ ΔΔββρρςςηη
Community Justice Outreach Worker
(867) 980-4099

ΔΔδδααρρεεββγγςςββηησσρρσσρρ ρρααααςςααββδδδδ
Fire Emergency Calls
(867) 980-4422

ΔΔρρςςςςρρΔΔββ ρρςςββηηρρσσββδδ λλρρςςηηςςρρρρ
Iisaqsiqvik Counseling Services
1-888-331-4433, Toll Free / ρρααρρςςββηηρρσσρρδδ (E/I)

ΗΗααμμηηηηββδδ
Hamlet office
(867) 980-9959

ΚΚλλσσααΔΔββ
Health Centre
(867) 980-9923

Grise Fiord

ΔΔββωωρρλλββδδ
Housing Association
(867) 980-9928

σσςςββΔΔρρςςββρρσσηη
Income Support
(867) 980-4018

μμοορρθθηη λλςςββεεσσρρααρρλλρρ λλρρςςρρςςββηηββδδ
Nunavut Victim Services
1-866-456-5216

ΔΔββεεββ ρρλλσσααββ ρρσσςςββββδδ λλββδδββδδρρ
Office of the Representative for Children and Youth
1-855-449-8118

ΔΔψψσσααρρΔΔββηη ΔΔρρλλρρλλ
Psychiatric Nurse
(867) 980-9923

ΚΚρρςςρρββδδ
RCMP
(867) 980-0123, or / ΔΔββεεωωρρσσρρ 1111

μμοοααρρηηααρρεερρλλββ
Wellness Center
(867) 980-9959

ΔΔρρςςΔΔηηηηρρρρρρ What We Offer

ρρςςββββηηρρσσρρρρσσρρ ΔΔββεερρααρρσσααββδδ
σσςςββββηησσρρρρσσρρ ρρααρρσσςςββηηρρσσρρ

Applied Suicide Intervention Skills Training (ASIST)
2-day workshop / ρρεεωωρρ λλρρββ ΔΔρρσσααρρςςββηη

ββααρρ ρρρρΔΔηηρρσσρρρρσσρρ
ρρααρρααββδδββςςββηησσρρρρααρρααρρσσρραα

Canadian Firearms Safety Course
1-day workshop / ρρεεωωρρ ααρρααρρσσρρααρρςςββηη

ΔΔββρρςς λλλλρρΔΔρρ
Life Matters
2-day workshop / ρρεεωωρρ λλρρββ ΔΔρρσσααρρςςββηη

ρρρρρρ, <ςςββηηρρααρραα
Our Children, Our Responsibility (OCOR)
1-day workshop / ρρεεωωρρ ααρρααρρσσρρααρρςςββηη

ΔΔββεερρααρρσσρρ
Reach Out
Half-day workshop / ρρεεωωρρ ααρρςςββηησσρρααρρσσρρααρρςςββηη

ρρδδααρρςςββηηρρλλρρααρρααρρσσρρααρρββββββρρλλρρααρρσσρραα
λλρρρρςςββηηρρσσρρααρρσσρραα
Trauma Informed Practice
1-day workshop / ρρεεωωρρ ααρρααρρσσρρααρρςςββηη

λλρρηηΔΔσσρρ ΔΔμμσσββ ΔΔββεερρηηββσσρρααρρρρ ααρρααρρσσρρααρρςςββηη
Healing Support Group Facilitator Training
2-day workshop / ρρεεωωρρ λλρρββ ΔΔρρσσααρρςςββηη