

ᓄᓇᓕᓐᓂᓕ
 ᐃᑲᓕᓂᓐᓄᓐᓂᓐᓂᓐ ᐃᓕᓂᓐ
**Community
 Resource Card**

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 IKITIAHIMALUGU INUUIK KATIMAJIIT



EMBRACE LIFE COUNCIL
 CONSEIL SAISIS LA VIE

1-866-804-2782
 embracelife@inuusiq.com

ᐃᓕᓂᓐᓂᓐ IQALUIT

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Hour Resources:

ᓄᓇᓂᓐ ᑲᓕᓕᓂᓐᓂᓐ
 Nunavut Kamatsiaqtut Helpline (E/I)
 1-800-265-3333 or/ ᐅᓕᓂᓐᓂᓐ (867) 979-3333

ᓕᓂᓐᓂᓐ ᐅᓕᓂᓐᓂᓐ ᐃᑲᓕᓂᓐᓂᓐ
 Kids Help Phone (E/F)
 1-800-668-6868
Text 686868 | Type "TALK" to start talking to a counselor
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 "TALK" ᐃᓕᓂᓐᓂᓐ ᐃᓂᓐᓂᓐ ᓕᓂᓐᓂᓐ
 Online Chat. kidshelpphone.ca

ᐃᓕᓂᓐᓂᓐ ᐃᓂᓐᓂᓐ ᐃᑲᓕᓂᓐ
 Employee/Family Assistance (E/I)
 Government of Nunavut ᓄᓇᓂᓐ ᓕᓂᓐᓂᓐ
 1-800-663-1142

Government of Canada ᓕᓂᓐᓂᓐ
 (E/F) 1-800-268-7708

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 Child First Initiative
 1-855-572-4453

canada.ca/supporting-inuit-children
 *** Not counseling service, for financial support
 *** ᐃᓂᓐᓂᓐ ᓂᓂᓐᓂᓐ ᐃᑲᓕᓂᓐᓂᓐ

E: English I: Inuktitut F: French
 E: ᓕᓂᓐᓂᓐ I: ᐃᓂᓐᓂᓐ F: ᐃᓂᓐᓂᓐ

Canada Suicide Prevention Service ᑲᓂᓂᓐ ᐃᓂᓐᓂᓐ
 PAA/ᓂᓂᓐᓂᓐ ᐃᓂᓐᓂᓐ ᐃᓂᓐᓂᓐ
(24/7) 1-833-456-4566

Texting service 45645 ᐅᓕᓂᓐᓂᓐ
 ᐃᓂᓐᓂᓐ ᐃᓂᓐᓂᓐ ᐃᓂᓐᓂᓐ
 Online Chat. crisiservicescanada.ca

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 Assaulted Women's Helpline (E/F)
 1-866-863-0511

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 Residential School Survivors Help Line
(E/I) 1-866-925-4419

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 Inuit and First Nations Hope for Wellness
Helpline (E/I) 1-855-242-3310

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ᐃᓄᑕᓚᓗᐅᑦ
Children and Family Services
(867) 975-5777, or / ᐅᓗᑦᐅᐅᓐᓂᑦ (867) 979-5650
Emergency / ᐅᐃᑦᐃᑦᐅᐅᑦ

ᓄᓇᑕᑦᐅᓗᓖ ᐅᐃᑦᐃᑦᐅᐅᑦ ᐅᑦᐅᑕᑦᐃᑦ
City Dispatch
(867) 979-5650

ᓄᓇᑕᓐᓖ ᐱᑦᐅᓕᓚᓚᓂᑦᓖ ᐃᑕᑦᑕᑦᑕ,
Community Justice Outreach Worker
(867) 975-6362, or / ᐅᓗᑦᐅᐅᓐᓂᑦ 6337

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ᐅᑦᐅᑦᐅᑦᐅᑦᑕᑦᑕ
Fire Emergency Calls/Ambulance
(867) 979-4422

ᐃᓗᑕᓚᓗᐅᑦ
Housing Association
(867) 979-5301

ᓂᑦᐅᐃᑦᐅᑦᐅᑦᑕᓚᓂᑦᑕ
Income Support
(867) 975-6580

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Makkuttukkuvik Youth Centre
(867) 979-5658

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Mental Health Central Intake
(867) 975-5999

Iqaluit

ᓄᓇᓂᐅᓖ ᐱᑦᑕᑦᑕᑕᐅᓖᐅᑦ ᐱᓗᑕᑦᑕᑦᑕᑦᑕᑦᑕ
Nunavut Victim Services
1-866-456-5216

ᐅᓗᑕᑦᐅᑦ ᐅᓗᑕᑦᐅᑦ ᓄᑕᑦᑕᑦᑕ ᐅᑦᐅᑦᐅᑦᐅᑦ
Office of the Representative for Children and Youth
1-855-449-8118

ᐅᑦᐅᑦᐅᑦᐅᑦᐅᑦᐅᑦ / ᐅᑦᐅᑦᐅᑦᐅᑦᐅᑦ
Public Health/CHR
(867) 975-4800, or / ᐅᓗᑦᐅᐅᓐᓂᑦ 4828

ᐅᑦᐅᑦᐅᑦ
Qikiqtani General Hospital
(867) 975-8600

ᑦᑕᑦᐅᑦ ᐅᑦᐅᑦ
Qimaavik Women's Shelter
(867) 979-4500

ᑕᑕᑦᐅᑦ
RCMP
(867) 979-0123, or / ᐅᓗᑦᐅᐅᓐᓂᑦ 1111

ᐅᑕᑦᑕᑦᑕᑦᑕ ᓄᓇᑕᑦᑕᑦᑕᑦᑕ
Tukisigiariavik Wellness Center
(867) 979-2400

ᐅᑦᐅᑦᐅᑦ ᐅᑦᐅᑦᐅᑦ
Uqutaq Men's Shelter
(867) 979-8836

ᐃᑕᑦᐅᑦᐅᑦ What We Offer

ᐅᑦᐅᑦᐅᑦᐅᑦᐅᑦ, ᐅᓗᑕᑦᐅᑦᐅᑦᐅᑦᐅᑦ ᐅᑕᑦᑕᑦᑕ ᓄᑕᑦᑕᑦᑕ ᓄᑕᑦᑕᑦᑕ ᐅᑦᐅᑦᐅᑦᐅᑦᐅᑦᐅᑦ ᐅᑦᐅᑦᐅᑦᐅᑦᐅᑦᐅᑦ

Applied Suicide Intervention Skills Training (ASIST)
2-day workshop / ᐅᑦᐅᑦᐅᑦ ᐅᑕᑦᑕᑦᑕ

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ᐅᓗᓚᑕᑕᑕᑕᑕᑕᑕᑕᑕᑕ
Canadian Firearms Safety Course
1-day workshop / ᐅᑦᐅᑦᐅᑦ ᐅᑕᑕᑕᑕᑕᑕᑕᑕᑕᑕ

ᐃᑕᑦᐅᑦ ᐱᑕᓚᓚᑦᐅᑦ
Life Matters
2-day workshop / ᐅᑦᐅᑦᐅᑦ ᐅᑕᑦᑕᑦᑕ

ᑕᑕᑕᑕ, ᑕᑕᑕᑕᑕᑕᑕᑕᑕᑕ
Our Children, Our Responsibility (OCOR)
1-day workshop / ᐅᑦᐅᑦᐅᑦ ᐅᑕᑕᑕᑕᑕᑕᑕᑕᑕᑕ

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Reach Out
Half-day workshop / ᐅᑦᐅᑦ ᓄᑕᑕᑕᑕᑕ ᐅᑕᑦᑕᑦᑕ

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ᐱᑕᑕᑕᑕᑕᑕᑕᑕᑕᑕᑕᑕ
Trauma Informed Practice
1-day workshop / ᐅᑦᐅᑦᐅᑦ ᐅᑕᑕᑕᑕᑕᑕᑕᑕᑕᑕ

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Healing Support Group Facilitator Training
2-day workshop / ᐅᑦᐅᑦᐅᑦ ᐅᑕᑦᑕᑦᑕ