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**Community
 Resource Card**

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 IKITIAHIMALUGU INUUIK KATIMAJIIT



EMBRACE LIFE COUNCIL
 CONSEIL SAISIS LA VIE

1-866-804-2782
 embracelife@inuusiq.com

ᐅᓕᓂᓐ KIMMIRUT

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Hour Resources:

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 Nunavut Kamatsiaqtut Helpline (E/I)
 1-800-265-3333 or/ ᐃᓕᓂᓐᓂᓐ (867) 979-3333

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 Kids Help Phone (E/F)
 1-800-668-6868
Text 686868 | Type "TALK" to start talking to a counselor
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 "TALK" ᐃᓕᓂᓐᓂᓐ ᐃᓕᓂᓐᓂᓐ ᐃᓕᓂᓐᓂᓐ
 Online Chat. kidshelpphone.ca

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 Employee/Family Assistance (E/I)
 Government of Nunavut ᓄᓇᓂᓐ ᓕᓂᓐᓂᓐ
 1-800-663-1142
 Government of Canada ᓕᓂᓐᓂᓐ
 (E/F) 1-800-268-7708

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 Child First Initiative
 1-855-572-4453
 canada.ca/supporting-inuit-children
 *** Not counseling service, for financial support
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E: English I: Inuktitut F: French
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Canada Suicide Prevention Service ᐃᓕᓂᓐᓂᓐ
 PAA/ᐃᓕᓂᓐᓂᓐ ᐃᓕᓂᓐᓂᓐ
(24/7) 1-833-456-4566
 Texting service 45645 ᐃᓕᓂᓐᓂᓐ
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 Online Chat. crisiservicescanada.ca

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 Assaulted Women's Helpline (E/F)
 1-866-863-0511

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 Residential School Survivors Help Line
(E/I) 1-866-925-4419

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 Inuit and First Nations Hope for Wellness
Helpline (E/I) 1-855-242-3310

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 Children and Family Services
 (867) 939-2226

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 Community Health Representative
 (867) 939-2217

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 Community Justice Outreach Worker
 (867) 939-2001

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 Fire Emergency Calls
 (867) 939-4422

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 Hamlet office
 (867) 939-2247

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 Health Centre
 (867) 939-2217

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 Housing Association
 (867) 939-2252

Kimmirut

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 Iliasaqviuk Counseling Services
 1-888-331-4433, Toll Free / ᐱᕐᓄᕐᓄᕐᓄᕐ (E/I)

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 Income Support
 (867) 939-2323

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 Nunavut Victim Services
 1-866-456-5216

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 Office of the Representative for Children and Youth
 1-855-449-8118

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 Psychiatric Nurse
 (867) 939-2217

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 RCMP
 (867) 939-0123, or / ᐃᕐᓄᕐᓄᕐ 1111

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 Wellness Center
 (867) 939-2175

ᐃᕐᓄᕐᓄᕐ What We Offer

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Applied Suicide Intervention Skills Training (ASIST)
 2-day workshop / ᐃᕐᓄᕐᓄᕐ ᐃᕐᓄᕐᓄᕐ

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 ᐃᕐᓄᕐᓄᕐᓄᕐᓄᕐ
Canadian Firearms Safety Course
 1-day workshop / ᐃᕐᓄᕐᓄᕐ ᐃᕐᓄᕐᓄᕐ

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Life Matters
 2-day workshop / ᐃᕐᓄᕐᓄᕐ ᐃᕐᓄᕐᓄᕐ

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Our Children, Our Responsibility (OCOR)
 1-day workshop / ᐃᕐᓄᕐᓄᕐ ᐃᕐᓄᕐᓄᕐ

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Reach Out
 Half-day workshop / ᐃᕐᓄᕐᓄᕐ ᐃᕐᓄᕐᓄᕐ

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Trauma Informed Practice
 1-day workshop / ᐃᕐᓄᕐᓄᕐ ᐃᕐᓄᕐᓄᕐ

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Healing Support Group Facilitator Training
 2-day workshop / ᐃᕐᓄᕐᓄᕐ ᐃᕐᓄᕐᓄᕐ