Community Resource Card

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24 Hour Resources:
ᓄᓇᕗᑦ ᑲᒪᑦᓯᐊᖅᑐᒃᑯᑦ

Nunavut Kamatsiaqtut Helpline (E/I)
1-800-265-3333 or/ ᐅᕝᕙᓘᓐᓂᑦ (867) 979-3333

- ᓱᕈᓯᕐᓄᑦ ᐅᖄᓚᐅᑎᒃᑯᑦ ᐃᑲᔪᖅᑕᐅᕝᕕᒃ Kids Help Phone (E/F)
1-800-668-6868
Text 686868 | Type “TALK” to start talking to a counselor ᐅᖄᓚᐅᑎᕋᓛᑯᑦ ᓇᕿᑦᑕᐅᑎᖃᑎᒌᒍᓇᖅᑐᑎᑦ
“TALK” ᓇᕿᑦᑕᖅᑳᕐᓗᒋᑦ ᐃᓅᓯᓕᕆᔨᒧᑦ ᖃᕋᓴᐅᔭᑯᓪᓗ. Online Chat. kidshelpphone.ca
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ᐃᖅᑲᓇᐃᔭᖅᑎᖏᓐᓄ/ᐃᓚᖏᓐᓄᓪᓗ ᐃᑲᔪᖅᑎᑦ
Employee/Family Assistance (E/I)
Government of Nunavut ᓄᓇᕗᑦ ᒐᕙᒪᖓ
1-800-663-1142
Government of Canada ᒐᕙᒪᑐᖃᒃᑯᑦ
(E/F) 1-800-268-7708
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ᐃᓄᐃᑦ ᓄᑕᖅᑲᑦ ᓯᕗᓪᓕᐅᔪᑦ ᐱᓕᕆᐊᖑᕙᓪᓕᐊᖏᑦ
Child First Initiative
1-855-572-4453

canada.ca/supporting-inuit-children
*** Not counseling service, for financial support
***ᐃᓅᓯᓕᕆᔨᐅᙱᑐᑦ, ᑮᓇᐅᔭᑎᒍᑦ ᐃᑲᔪᕈᓐᓇᑐ
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1-866-804-2782
embracelife@inuusiq.com

Canada Suicide Prevention Service ᑲᓇᑕᒥ ᐃᓅᓯᕐᒥ
ᑭᐱᓯᑎᑦᓯᑕᐃᓕᒪᓂᕐᒧᑦ ᐱᔨᑦᓯᕋᖅᑎᒃᑯᑦ
(24/7) 1-833-456-4566

Texting service 45645 ᐅᖄᓚᐅᑎᕋᓛᑯᑦ
ᓇᕿᑦᑕᐅᑎᖃᑎᒌᒍᓇᖅᑐᑎᑦ ᐃᓅᓯᓕᕆᔨᒧᑦ, ᖃᕋᓴᐅᔭᑯᓪᓗ Online Chat. crisisservicescanada.ca
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ᐊᕐᓇᓄᑦ ᐅᖄᓚᕕᒃᓴᖅ ᓂᖓᖅᑕᐅᔪᓄᑦ ᐃᑲᔪᖅᑎᑦ
Assaulted Women’s Helpline (E/F)
1-866-863-0511
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ᐊᐅᓪᓚᖅᑎᑕᐅᕙᓚᐅᖅᑐᓄᑦ ᐃᓕᓐᓂᐊᕆᐊᖅᑎᑕᐅᕙᓚᐅᖅᑐᓄᑦ ᐅᖄᓚᕕᖓ
Residential School Survivors Help Line
(E/I) 1-866-925-4419

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ᐃᓄᐃᑦ ᐊᓪᓚᐃᓪᓗ ᓄᓇᖃᖅᑐᑐᖃᐃᑦ

ᓂᕆᐅᖕᓂᖃᕐᓂᒧᑦ ᖃᓄᐃᙱᑦᑎᐊᕐᓂᒧᑦ ᐅᖄᓚᕕᖓ
Inuit and First Nations Hope for Wellness
Helpline (E/I) 1-855-242-3310
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www.inuusiq.com www.kidshelpphone.ca

ᖁᕐᓗᖅᑐᖅ KUGLUKTUK

www.inuusiq.com www.kidshelpphone.ca

ᐅᖃᖃᑎᒌᓪᓗᒃ, ᐃᒻᒥᖕᓃᕈᒪᔪᖃᖅᑎᓪᓗᒍ ᐃᑲᔫᑕᐃᔪᓐᓇᖅᑐᑦ ᓄᖅᑲᖅᑎᑦᑎᔪᓐᓇᕐᓂᕐᒧᑦ ᐊᔪᕈᓐᓃᖅᓴᐅᑏᑦ
Applied Suicide Intervention Skills Training (ASIST)
2-day workshop / ᐅᓪᓘᓄᑦ ᒪᕐᕉᓄᒃ ᐃᓕᓐᓂᐊᕋᒃᓴᖅ
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ᑲᓇᑕᒥ ᖁᑭᐅᓴᕈᓐᓇᕐᓂᕐᒧᑦ
ᐅᓗᕆᐊᓇᖅᑐᖃᖅᑎᑦᑎᑕᐃᓕᒪᓂᖅ
Canadian Firearms Safety Course
1-day workshop / ᐅᓪᓗᒧᑦ ᐊᑕᐅᓯᕐᒧᑦ ᐃᓕᓐᓂᐊᕋᒃᓴᖅ
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ᐃᓅᓯᖅ ᐱᒻᒪᕆᐅᔪᖅ
Life Matters

2-day workshop / ᐅᓪᓘᓄᑦ ᒪᕐᕉᓄᒃ ᐃᓕᓐᓂᐊᕋᒃᓴᖅ
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ᓱᕈᓯᕗᑦ, ᐸᖅᑭᔭᕆᐊᓕᕗᑦ
Our Children, Our Responsibility (OCOR)
1-day workshop / ᐅᓪᓗᒧᑦ ᐊᑕᐅᓯᕐᒧᑦ ᐃᓕᓐᓂᐊᕋᒃᓴᖅ
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ᐃᑲᔪᕆᐊᕐᓂᖅ
Reach Out

Half-day workshop / ᐅᓪᓘᑉ ᓇᑉᐸᖓᓄᑦ ᐃᓕᓐᓂᐊᕋᒃᓴᖅ
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ᖁᐊᖅᓵᖅᓯᒪᔾᔪᑕᐅᓚᐅᖅᑐᓂᒃ ᖃᐅᔨᒪᑦᑎᐊᕈᓐᓇᕐᓂᕐᒥᒃ ᐱᐅᓯᖃᓕᕈᓐᓇᕐᓂᖅ
Trauma Informed Practice

1-day workshop / ᐅᓪᓗᒧᑦ ᐊᑕᐅᓯᕐᒧᑦ ᐃᓕᓐᓂᐊᕋᒃᓴᖅ
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ᒪᒥᓴᐃᓂᕐᒧᑦ ᐃᓄᖕᓂᒃ ᐃᑲᔪᖅᑎᐅᓂᕐᒥᒃ ᐊᔪᕈᓐᓃᖅᓴᐅᑎᑦ Healing Support Group Facilitator Training
2-day workshop / ᐅᓪᓘᓄᑦ ᒪᕐᕉᓄᒃ ᐃᓕᓐᓂᐊᕋᒃᓴᖅ
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ᐃᓕᓴᐃᒍᑎᒋᓲᕗᑦ
What We Offer

ᖁᕐᓗᖅᑐᖅ Kugluktuk

ᐃᓄᓕᕆᔨᒃᑯᑦ
Children and Family Services
(867) 982-7411, or / ᐅᒡᕙᓘᓐᓃᑦ 3465

- ᐃᓄᓕᕆᔨᒃᑯᑦ ᑐᐊᕕᕐᓇᖅᑐᒃᑰᕈᑖ
Children and Family Services Emergency
(867) 982-2998

- ᓄᓇᓕᖕᒥ ᐋᓐᓂᐊᖃᕐᓇᙱᑦᑐᓕᕆᓂᕐᒧᑦ ᑭᒡᒐᖅᑐᐃᔨ
Community Health Representative
(867) 982-7613
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ᓄᓇᓕᖕᒥᑦ ᐱᖁᔭᓕᕆᓂᕐᒧᑦ ᐃᑲᔪᖅᑎ
Community Justice Outreach Worker
(867) 982-6510
- -

ᐃᓅᓯᖃᑦᑎᐊᖅᑐᓕᕆᓂᕐᒧᑦ ᐊᓪᓚᕝᕕᒃ
Department of Healthy Living
(867) 983-4670

- ᐃᑯᐊᓪᓚᒃᑐᖃᖅᑎᓪᓗᒍ ᑐᐊᕕᕐᓇᖅᑐᒃᑯᑦ ᐅᖄᓚᕕᒃ
Fire Emergency Calls
(867) 982-2222

- Hᐋᒻᒪᓚᒃᑯᑦ
Hamlet office
(867) 982-6500

- ᐋᓐᓂᐊᕕᒃ
Health Centre
(867) 982-4531
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ᐃᒡᓗᓕᕆᔨᒃᑯᑦ
Housing Association
(867) 982-3281
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ᓂᖃᐃᓱᖅᑐᓕᕆᓂᖅ
Income Support
(867) 982-7430
- -

ᓄᓇᕗᒻᒥᑦ ᐱᕋᔭᑦᑕᐅᓯᒪᔪᓄᑦ ᐱᔨᑦᓯᕋᖅᑎᒃᑯᑦ
Nunavut Victim Services
1-866-456-5216
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ᐊᒡᓚᒡᕕᒃ ᑭᒡᒐᖅᑐᐃᔨ ᓄᑕᖅᑲᓄᑦ ᒪᒃᑯᒃᑐᓄᓪᓗ
Office of the Representative for Children and Youth
1-855-449-8118

- ᐋᓐᓂᐊᓯᐅᖅᑎ ᐃᓱᒪᓕᕆᔨ Psychiatric Nurse
(867) 982-7413
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ᐸᓖᓯᒃᑯᑦ
RCMP
(867) 982-0123, or / ᐅᒡᕙᓘᓐᓃᑦ 1111
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ᓄᓇᓕᑦᑎᐊᕙᓕᕆᕕᒃ
Wellness Center
(867) 982-6519
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