

ᓄᓇᓕᓐᓂᓕ
 ᐃᑲᓕᓂᓐᓄᓐᓂᓐᓂᓐ ᐃᓕᓂᓐ
**Community
 Resource Card**

ᐃᓕᓂᓐᓂᓐ ᐃᓂᓐᓂᓐ ᑲᐅᓂᓐᓂᓐ
 IKITIAHIMALUGU INUUIHIK KATIMAJIIT



EMBRACE LIFE COUNCIL
 CONSEIL SAISIS LA VIE

1-866-804-2782
 embracelife@inuusiq.com

ᑭᓕᓂᓐᓂᓐ POND INLET

24 ᓂᓕᓂᓐ ᐃᑲᓕᓂᓐᓂᓐ
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Hour Resources:

ᓄᓇᓂᓐ ᑲᓂᓕᓂᓐᓂᓐ
 Nunavut Kamatsiaqtut Helpline (E/I)
 1-800-265-3333 or/ ᐅᓐᓂᓐᓂᓐ (867) 979-3333

ᓕᓂᓐᓂᓐ ᐅᓐᓂᓐᓂᓐ ᐃᑲᓕᓂᓐᓂᓐ
 Kids Help Phone (E/F)
 1-800-668-6868
Text 686868 | Type "TALK" to start talking to a counselor
 ᐅᓐᓂᓐᓂᓐ ᓂᓐᓂᓐᓂᓐ ᓂᓐᓂᓐᓂᓐ
 "TALK" ᓂᓐᓂᓐᓂᓐ ᐃᓂᓐᓂᓐ ᓂᓐᓂᓐᓂᓐ
 Online Chat. kidshelpphone.ca

ᐃᓂᓐᓂᓐ ᐃᓂᓐᓂᓐ ᐃᑲᓕᓂᓐ
 Employee/Family Assistance (E/I)
 Government of Nunavut ᓄᓇᓂᓐ ᓂᓐᓂᓐ
 1-800-663-1142
 Government of Canada ᓂᓐᓂᓐᓂᓐ
 (E/F) 1-800-268-7708

ᐃᓂᓐ ᓂᓐᓂᓐ ᓂᓐᓂᓐ ᐃᓂᓐᓂᓐ
 Child First Initiative
 1-855-572-4453
 canada.ca/supporting-inuit-children
 *** Not counseling service, for financial support
 *** ᐃᓂᓐᓂᓐ ᓂᓐᓂᓐ ᐃᑲᓕᓂᓐ

E: English I: Inuktitut F: French
 E: ᓂᓐᓂᓐ I: ᐃᓂᓐᓂᓐ F: ᐃᓂᓐᓂᓐ

Canada Suicide Prevention Service ᓂᓐᓂᓐ ᐃᓂᓐᓂᓐ
 PAA/ᓂᓐᓂᓐ ᐃᓂᓐᓂᓐ ᐃᓂᓐᓂᓐ
(24/7) 1-833-456-4566
 Texting service 45645 ᐅᓐᓂᓐᓂᓐ
 ᓂᓐᓂᓐᓂᓐ ᓂᓐᓂᓐᓂᓐ ᐃᓂᓐᓂᓐ ᓂᓐᓂᓐᓂᓐ
 Online Chat. crisiservicescanada.ca

ᐃᓂᓐᓂᓐ ᐅᓐᓂᓐᓂᓐ ᓂᓐᓂᓐᓂᓐ ᐃᑲᓕᓂᓐ
 Assaulted Women's Helpline (E/F)
 1-866-863-0511

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 ᐃᓂᓐᓂᓐ ᐃᓂᓐᓂᓐ ᐃᓂᓐᓂᓐ
 Residential School Survivors Help Line
(E/I) 1-866-925-4419

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 ᓂᓐᓂᓐᓂᓐ ᐃᓂᓐᓂᓐ
 Inuit and First Nations Hope for Wellness
Helpline (E/I) 1-855-242-3310

ᑦᑎᑕᑦᑲᑦ Mittimatalik

ᐃᑦᑕᑎᐱᑦᑲᑦᑲᑦ
Children and Family Services
(867) 899-7502

ᑦᑕᑦᑲᑦᑲᑦᑲᑦ ᐃᑦᑕᑎᐱᑦᑲᑦᑲᑦ
Community Health Representative
(867) 899-7500

ᑦᑕᑦᑲᑦᑲᑦ ᐱᑦᑲᑦᑲᑦᑲᑦ
Community Justice Outreach Worker
(867) 899-8064

ᐃᑦᑕᑎᐱᑦᑲᑦᑲᑦᑲᑦ ᐃᑦᑕᑎᐱᑦᑲᑦᑲᑦ
Fire Emergency Calls
(867) 899-4422

ᑦᑕᑦᑲᑦᑲᑦ
Hamlet office
(867) 899-8934

ᐃᑦᑕᑎᐱᑦᑲᑦ
Health Centre
(867) 899-7500

ᐃᑦᑕᑎᐱᑦᑲᑦ
Housing Association
(867) 899-8977

Pond Inlet

ᐃᑦᑕᑎᐱᑦᑲᑦ ᐃᑦᑕᑎᐱᑦᑲᑦᑲᑦ
Iliasaqivik Counseling Services
1-888-331-4433, Toll-free / ᐃᑦᑕᑎᐱᑦᑲᑦᑲᑦ (E/I)

ᑦᑕᑦᑲᑦᑲᑦᑲᑦ
Income Support
(867) 899-8070

ᑦᑕᑦᑲᑦᑲᑦ ᐱᑦᑕᑎᐱᑦᑲᑦ
Nunavut Victim Services
1-866-456-5216

ᐃᑦᑕᑎᐱᑦᑲᑦ ᐃᑦᑕᑎᐱᑦᑲᑦ
Office of the Representative for Children and Youth
1-855-449-8118

ᐃᑦᑕᑎᐱᑦᑲᑦ ᐃᑦᑕᑎᐱᑦᑲᑦ
Psychiatric Nurse
(867) 899-7500

ᐃᑦᑕᑎᐱᑦᑲᑦ
RCMP
(867) 899-0123, or / ᐃᑦᑕᑎᐱᑦᑲᑦ (867) 899-1111

ᐃᑦᑕᑎᐱᑦᑲᑦ What We Offer

ᐃᑦᑕᑎᐱᑦᑲᑦ ᐃᑦᑕᑎᐱᑦᑲᑦ ᐃᑦᑕᑎᐱᑦᑲᑦ
ᐃᑦᑕᑎᐱᑦᑲᑦ ᐃᑦᑕᑎᐱᑦᑲᑦ ᐃᑦᑕᑎᐱᑦᑲᑦ

Applied Suicide Intervention Skills Training (ASIST)
2-day workshop / ᐃᑦᑕᑎᐱᑦᑲᑦ ᐃᑦᑕᑎᐱᑦᑲᑦ

ᐃᑦᑕᑎᐱᑦᑲᑦ ᐃᑦᑕᑎᐱᑦᑲᑦ
ᐃᑦᑕᑎᐱᑦᑲᑦ ᐃᑦᑕᑎᐱᑦᑲᑦ

Canadian Firearms Safety Course
1-day workshop / ᐃᑦᑕᑎᐱᑦᑲᑦ ᐃᑦᑕᑎᐱᑦᑲᑦ

ᐃᑦᑕᑎᐱᑦᑲᑦ ᐃᑦᑕᑎᐱᑦᑲᑦ
Life Matters
2-day workshop / ᐃᑦᑕᑎᐱᑦᑲᑦ ᐃᑦᑕᑎᐱᑦᑲᑦ

ᐃᑦᑕᑎᐱᑦᑲᑦ ᐃᑦᑕᑎᐱᑦᑲᑦ
Our Children, Our Responsibility (OCOR)
1-day workshop / ᐃᑦᑕᑎᐱᑦᑲᑦ ᐃᑦᑕᑎᐱᑦᑲᑦ

ᐃᑦᑕᑎᐱᑦᑲᑦ ᐃᑦᑕᑎᐱᑦᑲᑦ
Reach Out
Half-day workshop / ᐃᑦᑕᑎᐱᑦᑲᑦ ᐃᑦᑕᑎᐱᑦᑲᑦ

ᐃᑦᑕᑎᐱᑦᑲᑦ ᐃᑦᑕᑎᐱᑦᑲᑦ ᐃᑦᑕᑎᐱᑦᑲᑦ
ᐃᑦᑕᑎᐱᑦᑲᑦ ᐃᑦᑕᑎᐱᑦᑲᑦ
Trauma Informed Practice
1-day workshop / ᐃᑦᑕᑎᐱᑦᑲᑦ ᐃᑦᑕᑎᐱᑦᑲᑦ

ᐃᑦᑕᑎᐱᑦᑲᑦ ᐃᑦᑕᑎᐱᑦᑲᑦ ᐃᑦᑕᑎᐱᑦᑲᑦ
Healing Support Group Facilitator Training
2-day workshop / ᐃᑦᑕᑎᐱᑦᑲᑦ ᐃᑦᑕᑎᐱᑦᑲᑦ