

ISAKSIMAGIT INUUSIRMI KATUJJIQATIGIIT EMBRACE LIFE COUNCIL
SCHEDULE OF OPERATIONS BY PROJECT
FOR THE YEAR ENDED MARCH 31, 2016

	<u>GN</u> <u>HSS</u> <u>1516-199</u>	<u>QIA</u> <u>ILA-IQ-02</u>	<u>QIA</u> <u>ILA-IQ-01</u>	<u>NTI</u>	<u>Canadian</u> <u>Women's</u> <u>Foundation</u>	<u>Donations,</u> <u>fundraising</u> <u>and other</u>	<u>Total</u> <u>2016</u>
REVENUES							
Contributions	\$ 471,180	\$ 124,413	\$ 73,366	\$ 46,693	\$ 28,000	\$ 0	\$ 743,652
Deferred / repayable	(130,044)	(13,312)	(20,081)	(2,547)	0	0	(165,984)
Donations, fundraising, other	0	0	0	0	0	6,335	6,335
	<u>341,136</u>	<u>111,101</u>	<u>53,285</u>	<u>44,146</u>	<u>28,000</u>	<u>6,335</u>	<u>584,003</u>
EXPENSES							
Accommodations	6,199	3,289	0	0	2,050	0	11,538
Administration	1,680	2,366	0	2,818	0	0	6,864
Advertising and promotion	11,625	0	0	0	0	0	11,625
Air travel	37,672	48,896	37,748	0	17,292	2,542	144,150
Insurance	2,704	0	0	0	0	0	2,704
Interest and bank charges	769	0	0	0	0	0	769
Materials and resources	20,026	19,093	0	0	3,680	0	42,799
Meals - programs	285	0	762	0	0	282	1,329
Office	36,210	2,653	0	0	513	162	39,538
Per diem	4,091	976	0	0	0	0	5,067
Professional fees	56,534	27,450	14,647	41,328	1,799	0	141,758
Rent	3,450	2,400	0	0	0	0	5,850
Salaries and benefits	137,184	0	0	0	0	0	137,184
Telecommunications	9,490	0	0	0	0	0	9,490
Training and development	1,124	1,500	0	0	1,305	0	3,929
Translation	12,093	2,478	128	0	1,400	0	16,099
	<u>341,136</u>	<u>111,101</u>	<u>53,285</u>	<u>44,146</u>	<u>28,039</u>	<u>2,986</u>	<u>580,693</u>
EXCESS REVENUES							
(EXPENSES)	<u>\$ 0</u>	<u>\$ 0</u>	<u>\$ 0</u>	<u>\$ 0</u>	<u>\$ (39)</u>	<u>\$ 3,349</u>	<u>\$ 3,310</u>

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	ገንዘብ		ገንዘብ	ገንዘብ	ገንዘብ		ገንዘብ
	ገንዘብ	ገንዘብ			ገንዘብ	ገንዘብ	
የገንዘብ ስጦታ							
ገንዘብ ስጦታ	\$ 471,180	\$ 124,413	\$ 73,366	\$ 46,693	\$ 28,000	\$ 0	\$ 743,652
ገንዘብ ስጦታ / ገንዘብ ስጦታ	(130,044)	(13,312)	(20,081)	(2,547)	0	0	(165,984)
ገንዘብ ስጦታ, የገንዘብ ስጦታ	0	0	0	0	0	6,335	6,335
	<u>341,136</u>	<u>111,101</u>	<u>53,285</u>	<u>44,146</u>	<u>28,000</u>	<u>6,335</u>	<u>584,003</u>
የገንዘብ ስጦታ							
ገንዘብ ስጦታ	6,199	3,289	0	0	2,050	0	11,538
ገንዘብ ስጦታ ገንዘብ ስጦታ	1,680	2,366	0	2,818	0	0	6,864
ገንዘብ ስጦታ ገንዘብ ስጦታ	11,625	0	0	0	0	0	11,625
ገንዘብ ስጦታ ገንዘብ ስጦታ	37,672	48,896	37,748	0	17,292	2,542	144,150
ገንዘብ ስጦታ ገንዘብ ስጦታ	2,704	0	0	0	0	0	2,704
ገንዘብ ስጦታ ገንዘብ ስጦታ	769	0	0	0	0	0	769
ገንዘብ ስጦታ ገንዘብ ስጦታ	20,026	19,093	0	0	3,680	0	42,799
ገንዘብ ስጦታ ገንዘብ ስጦታ	285	0	762	0	0	282	1,329
ገንዘብ ስጦታ ገንዘብ ስጦታ	36,210	2,653	0	0	513	162	39,538
ገንዘብ ስጦታ ገንዘብ ስጦታ	4,091	976	0	0	0	0	5,067
ገንዘብ ስጦታ ገንዘብ ስጦታ	56,534	27,450	14,647	41,328	1,799	0	141,758
ገንዘብ ስጦታ ገንዘብ ስጦታ	3,450	2,400	0	0	0	0	5,850
ገንዘብ ስጦታ ገንዘብ ስጦታ	137,184	0	0	0	0	0	137,184
ገንዘብ ስጦታ ገንዘብ ስጦታ	9,490	0	0	0	0	0	9,490
ገንዘብ ስጦታ ገንዘብ ስጦታ	1,124	1,500	0	0	1,305	0	3,929
ገንዘብ ስጦታ ገንዘብ ስጦታ	12,093	2,478	128	0	1,400	0	16,099
	<u>341,136</u>	<u>111,101</u>	<u>53,285</u>	<u>44,146</u>	<u>28,039</u>	<u>2,986</u>	<u>580,693</u>
የገንዘብ ስጦታ ገንዘብ ስጦታ							
(ገንዘብ ስጦታ ገንዘብ ስጦታ)	\$ 0	\$ 0	\$ 0	\$ 0	\$ (39)	\$ 3,349	\$ 3,310

**ISAKSIMAGIT INUUSIRMI KATUJJIQATIGIT EMBRACE LIFE COUNCIL
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED MARCH 31, 2016**

7. FINANCIAL ASSETS AND LIABILITIES

The significant financial risk to which the Council is exposed is credit risk.

Credit risk is the risk that one party to the financial instrument will cause a financial loss for the other party by failing to discharge an obligation. The Council is exposed to credit risk in the event of non-performance by counterparties in connection with its accounts receivable. The Council does not obtain collateral or other security to support the accounts receivable subject to credit risk but mitigates this risk by dealing with only what management believes to be financially sound counterparties and, accordingly, does not anticipate significant loss for non-performance.

ISAKSIMAGIT INUUSIRMI KATUJJIQATIGIIT EMBRACE LIFE COUNCIL
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED MARCH 31, 2016

3. ACCOUNTS RECEIVABLE

	<u>2016</u>	<u>2015</u>
GN - Culture & Heritage - CA1516-199	\$ 105,546	\$ 0
GN - Culture & Heritage - CA1415	0	5,588
GN - Culture & Heritage - CA1314-164	0	23,720
QIA	26,244	24,883
Canadian Red Cross	17,481	0
NTI	0	33,307
City of Iqaluit	0	423
GST rebate	<u>6,918</u>	<u>7,131</u>
	<u>\$ 156,189</u>	<u>\$ 95,052</u>

4. ACCOUNTS PAYABLE AND ACCRUED LIABILITIES

	<u>2016</u>	<u>2015</u>
NTI 1415-CO-97	\$ 2,545	\$ 0
GN - HSS - CA1415-132	17,916	17,916
Other	<u>122,667</u>	<u>25,119</u>
	<u>\$ 143,128</u>	<u>\$ 43,035</u>

5. DEFERRED REVENUES

	<u>2016</u>	<u>2015</u>
QIA	\$ 20,081	\$ 124,413
Canadian Women's Foundation	12,012	12,012
Canadian Red Cross	<u>8,164</u>	<u>8,164</u>
	<u>\$ 40,257</u>	<u>\$ 144,589</u>

6. ECONOMIC DEPENDENCE

The Council receives the majority of its operating funding from the Government of Nunavut and the Government of Canada. Without continuing support it is unlikely that the Council could continue operations.

ISAKSIMAGIT INUUSIRMI KATUJJIQATIGIIT EMBRACE LIFE COUNCIL
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED MARCH 31, 2016

2. SIGNIFICANT ACCOUNTING POLICIES (continued)

(c) Revenue Recognition

The Council follows the deferral method of accounting for contributions. Restricted contributions are recognized as revenue in the year in which the related expenses are incurred. Unrestricted contributions are recognized as revenue when received or receivable if the amount to be received can be reasonably estimated and collection is reasonably assured. Contributions in kind are recorded at their estimated fair value at the date of contribution, where the value can be reasonably estimated. Donations are recorded as revenue when received.

(d) Property and Equipment

Property and equipment with a cost of less than \$5,000 are expensed in the year of acquisition. Property and equipment with a cost greater than \$5,000 are recorded at cost. Amortization is provided annually at rates calculated to write-off the assets over their estimated useful lives.

(e) Allocation of Expenditures

Direct expenditures which are wholly attributable to a specific program are charged directly to the appropriate program. In circumstances where expenditures are not wholly attributable to a specific program these expenditures are allocated amongst the programs based on management's estimates of the time, effort and resources required to support these activities.

(f) Contributed Materials and Services

The Council receives contributed materials and services in the normal course of operations. These contributed materials and services have not been recorded in the financial statements.

(g) Cash and Cash Equivalents

Cash and cash equivalents consist of bank balances denominated in Canadian dollars and held with the Council's financial institution.

ISAKSIMAGIT INUUSIRMI KATUJJIQATIGIIT EMBRACE LIFE COUNCIL
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED MARCH 31, 2016

1. NATURE OF THE ORGANIZATION

The Isaksimagit Inuusirmi Katujjiqatigiit Embrace Life Council is incorporated under the *Societies Act* of Nunavut. The purpose of the Council is to contribute to the mental, emotional, and physical health and community wellness of Nunavut residents by providing education, research and statistical analysis, training and a coordinated holistic approach to suicide prevention activities.

The Council is a not-for-profit organization and is exempt from income tax under Sec. 149(1)(f) of the *Income Tax Act* (Canada).

2. SIGNIFICANT ACCOUNTING POLICIES

The accounting policies followed by the Council are in accordance with Canadian accounting standards for not-for-profit organizations and include the following significant accounting policies:

(a) Use of Estimates

The preparation of financial statements in conformity with Canadian accounting standards for not-for-profit organizations requires management to make estimates and assumptions that affect the reported amounts of assets and liabilities, the disclosure of contingent assets and liabilities at the date of the financial statements and the reported amounts of revenue and expenses during the year. Significant items subject to such estimates and assumptions include the valuation of accounts receivable. Actual results could differ from those estimates.

(b) Financial Instruments

The Council initially measures its financial assets and financial liabilities at fair value. The Council subsequently measures all its financial assets and financial liabilities at amortized cost.

Financial assets measured at amortized cost include cash and accounts receivable. Financial liabilities measured at amortized cost include accounts payable and accrued liabilities.

It is management's opinion that the Council is not exposed to significant interest, currency or credit risks arising from these financial instruments unless otherwise noted.

ISAKSIMAGIT INUUSIRMI KATUJJIQATIGIIT EMBRACE LIFE COUNCIL
STATEMENT OF CASH FLOWS
FOR THE YEAR ENDED MARCH 31, 2016

	<u>2016</u>	<u>2015</u>
OPERATING ACTIVITIES		
Excess revenues	\$ 3,310	\$ 10,683
Cash provided by (used for) changes in non-cash working capital:		
Accounts receivable	(61,137)	(10,727)
Prepaid expenses	0	(536)
Accounts payable and accrued liabilities	100,093	21,005
Deferred revenues	<u>(104,332)</u>	<u>144,589</u>
INCREASE (DECREASE) IN CASH	(62,066)	165,014
CASH, OPENING	<u>368,471</u>	<u>203,457</u>
CASH, CLOSING	<u><u>\$ 306,405</u></u>	<u><u>\$ 368,471</u></u>

ISAKSIMAGIT INUUSIRMI KATUJJIQATIGIIT EMBRACE LIFE COUNCIL
STATEMENT OF FINANCIAL POSITION
AS AT MARCH 31, 2016

	<u>2016</u>	<u>2015</u>
<u>ASSETS</u>		
CURRENT		
Cash	\$ 306,405	\$ 368,471
Accounts receivable (Note 3)	156,189	95,052
Prepaid expenses	<u>901</u>	<u>901</u>
	<u>\$ 463,495</u>	<u>\$ 464,424</u>
<u>LIABILITIES</u>		
CURRENT		
Accounts payable and accrued liabilities (Note 4)	\$ 143,128	\$ 43,035
Deferred revenues (Note 5)	<u>40,257</u>	<u>144,589</u>
	183,385	187,624
<u>FUND BALANCE</u>		
GENERAL FUND	<u>280,110</u>	<u>276,800</u>
	<u>\$ 463,495</u>	<u>\$ 464,424</u>

APPROVED BY THE BOARD:

_____ Director

_____ Director

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	2016	2015
<u>ሌሎች</u>		
ገቢዎች		
ገቢዎች	\$ 306,405	\$ 368,471
ገቢዎች ለግብርና ለግብርና ለግብርና	156,189	95,052
ገቢዎች ለግብርና ለግብርና ለግብርና	<u>901</u>	<u>901</u>
	<u>\$ 463,495</u>	<u>\$ 464,424</u>

<u>ገቢዎች</u>		
ገቢዎች		
ገቢዎች ለግብርና ለግብርና ለግብርና	\$ 143,128	\$ 43,035
ገቢዎች ለግብርና ለግብርና ለግብርና	<u>40,257</u>	<u>144,589</u>
	183,385	187,624

<u>ገቢዎች ለግብርና ለግብርና ለግብርና</u>		
ገቢዎች ለግብርና ለግብርና ለግብርና	<u>280,110</u>	<u>276,800</u>
	<u>\$ 463,495</u>	<u>\$ 464,424</u>

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_____ ገቢዎች ለግብርና ለግብርና ለግብርና

ISAKSIMAGIT INUUSIRMI KATUJJIQATIGIIT EMBRACE LIFE COUNCIL
STATEMENT OF CHANGES IN FUND BALANCES
FOR THE YEAR ENDED MARCH 31, 2016

	<u>2016</u>	<u>2015</u>
BALANCE, OPENING	\$ 276,800	\$ 266,117
Excess revenues	<u>3,310</u>	<u>10,683</u>
BALANCE, CLOSING	<u>\$ 280,110</u>	<u>\$ 276,800</u>

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	2016	2015
ስጦታ ስጦታ ስጦታ ስጦታ ስጦታ	\$ 276,800	\$ 266,117
ስጦታ ስጦታ ስጦታ ስጦታ ስጦታ	<u>3,310</u>	<u>10,683</u>
ስጦታ ስጦታ ስጦታ ስጦታ ስጦታ	<u>\$ 280,110</u>	<u>\$ 276,800</u>

ISAKSIMAGIT INUUSIRMI KATUJJIQATIGIIT EMBRACE LIFE COUNCIL
STATEMENT OF OPERATIONS
FOR THE YEAR ENDED MARCH 31, 2016

	<u>2016</u>	<u>2015</u>
REVENUES		
GN - Health	\$ 341,136	\$ 476,984
GN - Culture and Heritage	0	17,888
Other contributions	236,532	70,054
Donations, fundraising and other	<u>6,335</u>	<u>30,167</u>
	<u>584,003</u>	<u>595,093</u>
EXPENSES		
Accommodations	11,538	0
Administration	6,864	737
Advertising and promotion	11,625	24,237
Air travel	144,150	128,893
Insurance	2,704	2,574
Interest and bank charges	769	560
Materials and resources	42,799	37,462
Meals - programs	1,329	776
Office	39,538	13,590
Per diem	5,067	0
Professional fees	141,758	54,697
Programs	0	3,314
Rent	5,850	677
Salaries and benefits	137,184	244,086
Telecommunications	9,490	41,146
Training and development	3,929	10,568
Translation	<u>16,099</u>	<u>21,093</u>
	<u>580,693</u>	<u>584,410</u>
EXCESS REVENUES	<u>\$ 3,310</u>	<u>\$ 10,683</u>

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	<u>2016</u>	<u>2015</u>
የግብይት ስጦታ		
ወጪ ስጦታ - ለግብይት ስጦታ	\$ 341,136	\$ 476,984
ወጪ ስጦታ - ለግብይት ስጦታ ለግብይት ስጦታ	0	17,888
የግብይት ስጦታ ለግብይት ስጦታ	236,532	70,054
ግብይት ስጦታ, የግብይት ስጦታ ስጦታ	<u>6,335</u>	<u>30,167</u>
	<u><u>584,003</u></u>	<u><u>595,093</u></u>
የግብይት ስጦታ ለግብይት ስጦታ		
ግብይት ስጦታ	11,538	0
የግብይት ስጦታ ለግብይት ስጦታ ለግብይት ስጦታ	6,864	737
ግብይት ስጦታ ለግብይት ስጦታ ለግብይት ስጦታ	11,625	24,237
የግብይት ስጦታ ለግብይት ስጦታ	144,150	128,893
ግብይት ስጦታ ለግብይት ስጦታ ለግብይት ስጦታ	2,704	2,574
የግብይት ስጦታ ለግብይት ስጦታ ለግብይት ስጦታ ለግብይት ስጦታ		
የግብይት ስጦታ ለግብይት ስጦታ ለግብይት ስጦታ ለግብይት ስጦታ	769	560
ለግብይት ስጦታ ለግብይት ስጦታ ለግብይት ስጦታ	42,799	37,462
ግብይት ስጦታ ለግብይት ስጦታ ለግብይት ስጦታ - ለግብይት ስጦታ	1,329	776
ለግብይት ስጦታ ለግብይት ስጦታ	39,538	13,590
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የግብይት ስጦታ ለግብይት ስጦታ ለግብይት ስጦታ ለግብይት ስጦታ ለግብይት ስጦታ	137,184	244,086
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	<u><u>580,693</u></u>	<u><u>584,410</u></u>
የግብይት ስጦታ ለግብይት ስጦታ	<u>\$ 3,310</u>	<u>\$ 10,683</u>

Basis for Qualified Opinion

In common with many not-for-profit organizations, the Council derives some of its revenue from donations, the completeness of which is not susceptible to satisfactory audit verification. Accordingly, our verification of these revenues was limited to the amounts recorded in the records of the Council and we were not able to determine whether any adjustments might be necessary to revenues, excess revenues (expenses), assets and net assets.

Qualified Opinion

In our opinion, except for the effects of the matter described in the Basis for Qualified Opinion paragraph, these financial statements present fairly, in all material respects, the financial position of the Isaksimagit Inuusirmi Katujjiqatigiit Embrace Life Council as at March 31, 2016, and its financial performance and its cash flows for the year then ended in accordance with Canadian accounting standards for not-for-profit organizations.

Iqaluit, Nunavut
August 4, 2016



CHARTERED ACCOUNTANTS

LESTER LANDAU
Chartered Accountants

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INDEPENDENT AUDITORS' REPORT

To the Directors of
Isaksimagit Inuusirmi Katujjiqatigiit Embrace Life Council

We have audited the accompanying financial statements of the Isaksimagit Inuusirmi Katujjiqatigiit Embrace Life Council, which comprise the statement of financial position as at March 31, 2016, and the statements of operations, changes in fund balances and cash flows for the year then ended, and a summary of significant accounting policies and other explanatory information.

Management's Responsibility for the Financial Statements

Management is responsible for the preparation and fair presentation of these financial statements in accordance with Canadian accounting standards for not-for-profit organizations, and for such internal control as management determines is necessary to enable the preparation of financial statements that are free of material misstatement, whether due to fraud or error.

Auditors' Responsibility

Our responsibility is to express an opinion on these financial statements in accordance with Canadian generally accepted auditing standards. Those standards require that we comply with ethical requirements and plan and perform the audit to obtain reasonable assurance about whether the financial statements are free from material misstatement.

An audit involves performing procedures to obtain audit evidence about the amounts and disclosures in the financial statements. The procedures selected depend on the auditors' judgment, including the assessment of the risks of material misstatement of the financial statements, whether due to fraud or error. In making those risk assessments, the auditor considers internal control relevant to the Council's preparation and fair presentation of the financial statements in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the Council's internal control. An audit also includes evaluating the appropriateness of accounting policies used and the reasonableness of accounting estimates made by management, as well as evaluation of the overall presentation of the financial statements.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our qualified audit opinion.

**ISAKSIMAGIT INUUSIRMI KATUJJIQATIGIIT EMBRACE LIFE COUNCIL
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MARCH 31, 2016**

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**ISAKSIMAGIT INUUSIRMI KATUJJIQATIGIT
EMBRACE LIFE COUNCIL
FINANCIAL STATEMENTS
MARCH 31, 2016**

ԼՆՈՒՄ ԸՆԿՐՈՒՄ

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“Ըմբռնումը և ձյանը հարգելով” Երվանուհի ԼՆՈՒՄ Առնչում

Ուղեգրերի ձյանը հարգելով և ներդրումը կատարելով մանրաբանական և մանրանկարչական

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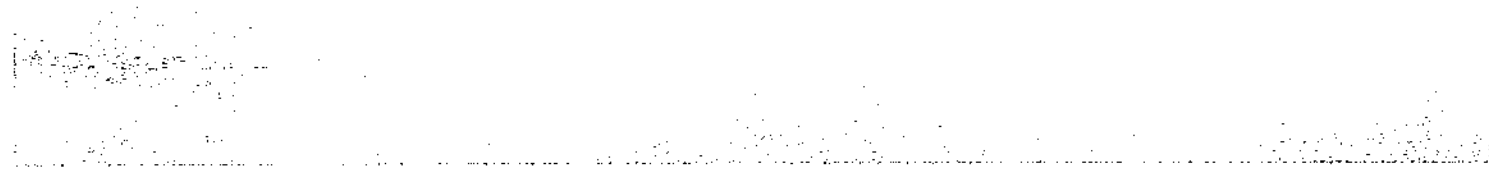
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Other Activities

- Secured funding (2014-2016) from Qikiqtani Inuit Association's Ilagiiktunut Nunalinnullu Pivalliajutsait Kiinaujat Fund to support training for Makimautiksat training and delivery in five north Baffin communities (Igloodik, Hall Beach, Pond Inlet, Arctic Bay, and Clyde River)
- Secured funding from the Canadian Women's Foundation (2015-2016) to support Ten Steps in Kimmirut with Peer Leadership Mental Health Training and Go Girls, and a women's sewing group in Hall Beach
- Continued to update our website and social media in order to reach target audiences in Nunavut and share resources and materials from the Embrace Life Council. Our contract with Bright Blue Wave continues, and we collaborate with them on our monthly social media plan while sharing local interest activities and important information on an as-needed almost daily basis. Bright Blue Wave provides quarterly social media reviews indicating the number of interactions we have, engagement, and average reach in order to better inform our content
- Provided administrative support to the Embrace Life Council Board of Directors, including coordinating and recording strategic planning sessions.
- Managed financial and administrative functions within the Embrace Life Council
- Delivered ASIST training
- Participated as an active member in the Nunavut Suicide Prevention Strategy Implementation Committee and manage the evaluation of the NSPS, including ASIST. With the partners, planned the Nunavut Suicide Prevention Summit "United for Life"
- Increased knowledge of the services provided within Nunavut, as well as provide Nunavummiut with information on the NSPS
- Attended training to support upcoming bereavement support groups
- Presented to teachers, social workers, and similar professionals on topics ranging from suicide prevention to coping skills and self-care strategies
- Implemented Nunavut-wide Hope and Healing Youth Art Contest
- Active participant in the Canadian Association for Suicide Prevention Conference planning committee
- Planned and executed annual Embrace Life Day activities in Iqaluit
- Promoted and supported Pink Shirt Day in Nunavut communities

Our mission is to support and encourage Nunavummiut to Value Life

Public Education

In addition, with the financial support of the Government of Nunavut Department of Health, the Embrace Life Council has undertaken the following activities in public education:

- Distribution of public education materials and materials related to the Nunavut Suicide Prevention Strategy, such as:
 - Community resource cards for all Nunavut communities
 - Increased distribution of risk-factor minimization public education materials (drug and alcohol abuse, bullying, etc.) such as posters, pamphlets, etc.
 - Increased distribution of protective-factor public education materials (healthy lifestyles, cultural pride, etc.) such as posters, pamphlets, etc.
 - Creation of Nunavut-specific healthy relationships videos to complement the Respect Ed curriculum
 - Sent books, videos, usbs with Embrace Life Council produced materials, etc. to communities (spousal abuse videos, "Bully", grieving workbooks, etc.)
 - Development and distribution of promotional materials for Embrace Life Day across Nunavut that promoted the work of the Embrace Life Council and directed Nunavummiut to access the Kamatsiaqtut Helpline and Kids Help Phone
 - Increased community awareness of the Nunavut Suicide Prevention Strategy and the efforts being undertaken through "Resiliency Within" by the Government of Nunavut, Nunavut Tunngavik Incorporated, the Royal Canadian Mounted Police, and the Embrace Life Council

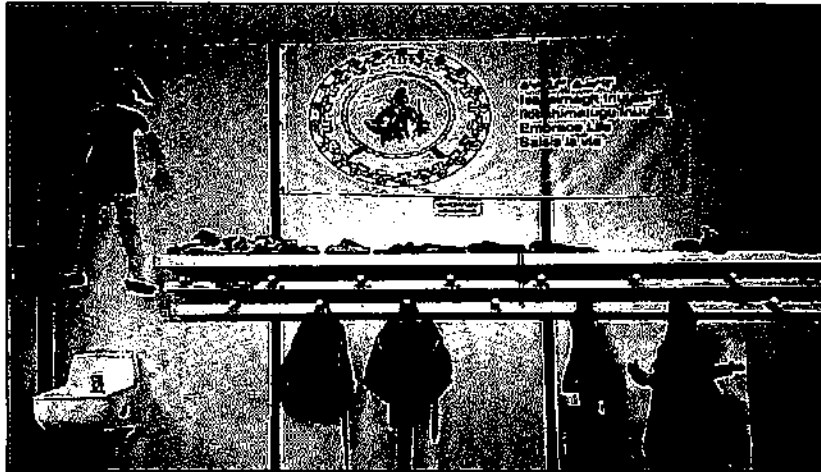


"Scenery" by Lena Korgak-Doucet

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In 2015/2016, the following Ten Steps training sessions and follow-up sessions took place:

Community	Date
Pond Inlet	September, 2015
Qikiqtarjuaq	November, 2015
Igloolik	November, 2015
Kimmirut	December, 2015
Coral Harbour	December, 2015
Pangnirtung	January, 2016
Clyde River	January, 2016
Pond Inlet (follow-up)	January, 2016



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Ten Steps Community Training Events

As part of the work to implement the Nunavut Suicide Prevention Strategy, the Canadian Red Cross' RespectEd: Violence and Abuse Prevention Program was selected as a best-practice training program to implement. One component of RespectEd is Ten Steps to creating Safe Environments which is a Canadian Red Cross resource for organizations and communities to help in the development, implementation, and monitoring of concrete actions to prevent, reduce, mitigate, and respond to interpersonal violence—physical, sexual, emotional, and neglect.

Interpersonal violence is a catastrophic problem around the world and often occurs within organizations and communities. The consequences of violence are harmful and staggering for individuals, families, and whole societies. To address violence, organizations and communities have an integral role to play.



Each of the ten steps is part of a process to reduce the risk of violence and increase protection. Each step is interdependent upon the others. How much time each step or the whole process takes is up to each organization and/or community. However, the goal for all is to reduce risk as soon as possible.

Our mission is to support and encourage Nunavummiut to Value Life

Executive Director's Report:

It is with great pleasure that I write this first report as the Executive Director of the Embrace Life Council. I am so pleased to be a member of this team dedicated to reducing suicide and encouraging Nunavummiut to value and embrace life. As an educator, coach, and guidance counsellor in the territory since 2006, I have seen and lived firsthand the devastation wrought by suicide. Conversely, I have also had the privilege of learning about Inuit history, language, and culture. Thus, I have learned how strong and resilient Inuit are in spite of colonization and the intergenerational trauma it has left in its wake. I am hopeful that in dedicating ourselves to the cause and working together, Nunavummiut will succeed in eradicating suicide in my lifetime.

It has been a busy three months for me, and a busy year for Cecile as she managed projects and the office almost independently. As you will see in the report, we continue our partnership with the Canadian Red Cross, delivering both Ten Steps and Respect Ed training in the territory. We have also secured funding to support communities in delivering Makimautiksats, women's groups, and sewing groups. In addition, we continue to develop our social media presence to better facilitate our public education resources. We have secured training and resources in order to begin our bereavement support groups. We continue our local outreach programs at the Women's Shelter and at the Young Offenders Facility. We delivered workshops for members of the Nunavut Teachers' Association on responding to disclosure and self care after disclosure. We are developing enhanced partnerships in the territory and in March, hosted mental and physical wellness workshops in Iqaluit with Audley Coley, author, dancer, and survivor. We are dedicated to creating and delivering responsive programming that empowers Inuit and thus enhances the lives of Nunavummiut.

In April, the board will meet to create the strategic plan that will guide the council's activities for the next five years. The upcoming months promise to be an exciting and hopeful time, as we join the Nunavut Suicide Prevention Strategy partners in developing the next long-term territorial action plan, which will be informed by our May summit. We hope to secure additional funding to increase our office capacity, as Nunavummiut regularly communicate increased programming needs to our office and we are eager to respond.

I would like to acknowledge the outstanding support Embrace Life Council receives from the Government of Nunavut and our many other partners: The Canadian Red Cross, Qikiqtani Inuit Association, Canadian Women's Foundation, and Canadian North Airlines. You enable us to make a difference.

I am excited to carry our current momentum forward into 2017. There is much to do.

Kimberly Masson

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President's Report:

I have been the President of the Embrace Life Council (ELC) for a few months and we have been very active. Since becoming president, a coroner's inquest into suicide has concluded and it brought our efforts to the full front with significant media interest on the issue and our challenges. The Government of Nunavut followed with the creating the Quality of Life Secretariat and Karen Kabloona joined our committee which significantly improved the GN's efforts and processes with the work on the Nunavut Suicide Prevention Strategy.

I want to thank Cecile Guerin who, on top of doing her job as a Project Coordinator with all the travelling, completed the administrative functions of ELC which ran for months without an executive director. Kim Masson joined our team as Executive Director in January and has been a breath of fresh air. Kim, with a history of teaching and counseling, took on her role naturally and with passion. ELC will look to expand our role with our renewed efforts, not only our committee and partners but with everyone across Nunavut as we plan for the United for Life Stakeholder Summit in May. I am proud to be part of Embrace Life and look forward to continue working with such a great team.

David Lawson

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Background

The Isaksimagit Inuusirmi Katujjiqatigiit Embrace Life Council (IIKELC) was established in January 2004 as a result of partnerships of many organizations. Efforts to create the council began in 2003 with the recognition that there needed to be a coordinated initiative in addressing the high suicide rate in Nunavut. The Council's eleven member board collaborates to provide leadership to a small staff team

This year, the members representing its organizations were:

President: David Lawson (Royal Canadian Mounted Police)
Vice-President: Sheila Levy (Kamatsiaqtut Help Line)
Secretary: Jasmine Redfern (Nunavut Tunngavik Inc)
Treasurer: Brian Fleming (Nunavut Association of Municipalities)
Director: Karen Kabloona (Government of Nunavut)
Director: Becky Kilabuk (Qikiqtani Inuit Association)
Director: Daisy Panika (Kivalliq Inuit Association)
Director: Sarah Jancke (Kitikmeot Inuit Association)
Director: Paul Williams (Nunavut Faith Community)
Director: Julia Macpherson (Nunavut Teachers' Association)
Director: Annie Napayok (Inuit Qaujimagatuqangit Katimajit)

The council is a non-profit organization with charitable status. According to our bylaws, the Council aims to:

- Contribute to the mental, emotional, and physical health and community wellness of Nunavut residents by providing education, research and statistical analysis, a clearing house, training, and a coordinated holistic approach to suicide prevention activities;
- Recruit, coordinate, and provide on-going training to volunteers in order to give them the expertise to deliver suicide prevention and community wellness activities;
- Educate the public on the issues of suicide, mental health, community health, and related issues;
- Acquire sufficient resources in cash or in kind to support the objectives of the Council and communities throughout Nunavut

Our guiding principles are:

- Embracing life—not just preventing death
- Inuit history and Inuit pride drive the programming
- Communities identify their own solutions, recognizing that every community is unique
- Families are central to life—focus on parenting skills, kinship, and teamwork
- Protecting and being aware of and guided by the environment

Our mission is to support and encourage Nunavummiut to Value Life

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"Flying in the Rain" by Matilda Pinksen

Our mission is to support and encourage Nunavummiut to Value Life

Annual Report 2015-2016

Isaksimagit Inuusirmi Katujjiqatigiit Embrace Life Council

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