ᖃᖓᓕ ᖃᓄᐃᓕᐅᕈᑎᖃᕆᐊᖃᕋᑦᑕ ᓂᓐᖓᒃᓯᒪᓂᑦᑎᓐᓂᒃ?

ᐊᖏᕈᑎᖃᕐᕕᒃᓴᐅᓕᖅᐸᒃᑐᖅ ᓂᓐᖓᐅᒪᓂᖅ ᐊᑲᐅᖏᓕᐅᕈᑕᐅᓕᕐᓂᖓᓂᒃ ᐊᒻᒪᓗ ᓇᓂᓯᓇᓱᒋᐊᖃᕐᓂᖅ ᖃᓄᖅ ᖃᓄᐃᓕᐅᕈᑕᐅᑦᑎᐊᕈᓐᓇᕐᒪᖔᑦ ᓂᓐᖓᐅᒪᓂᖅ, ᓂᓐᖓᐅᒪᓂᕆᔭᐃᑦ ᐃᒪᓐᓇᐃᓕᖓᓕᕈᓂ:

· ᐃᓱᒪᒋᓐᓇᕋᑦᑕᓕᕈᕕᐅᒃ ᐋᓐᓂᕈᑕᐅᕙᑦᓕᐊᓕᖅᐸᓪᓗ ᖁᕕᐊᓱᒍᓐᓇᕐᓂᕐᒧᑦ ᐃᓅᓯᕐᓂᒃ;

· ᐱᔾᔪᑕᐅᒍᓂ ᖃᖓᓗᒃ ᑕᐃᔅᓱᒪᓂᐅᓕᖅᑐᖅ ᖃᓄᐃᓕᐅᖅᑐᖃᓚᐅᖅᓯᒪᓂᖅ;

· ᐊᓯᖏᓐᓂᒃ ᐱᑦᑎᐊᖏᓗᑕᐅᖃᑦᑕᓕᖅᐸᑦ ᖃᓄᑐᐃᓐᓇᖅ;

· ᐃᓕᖓᓂᒃ ᐊᓐᓂᖅᑐᐃᔾᔪᑕᐅᖃᑦᑕᓕᕈᓂ ᐊᓯᖓᓄᑦ ᐃᓕᖓᓄᑦᓗᓐᓃᑦ;

· ᐊᒡᕕᐊᖁᑕᐅᓕᕈᓂ ᐊᔪᖏᓐᓂᕐᓄᑦ ᐱᓕᕆᕕᖓᓂᒃ ᐱᓕᕆᔪᓐᓇᕐᓂᖅ ᐅᑯᓐᓗᓐᓃᑦ ᐃᓕᓐᓂᐊᖁᖓᓂᒃ;

· ᐋᓐᓂᖅᓯᔾᔪᑕᐅᓕᕈᓂ ᐃᓅᖃᑎᒋᑯᑕᕐᓂᒃ ᐊᒻᒪᓗ ᐱᖃᑎᐊᓗᒃᑯᒋᔭᔾᓯᓐᓂᒃ

ᐃᑲᔪᖅᑕᐅᔭᖅᑐᕈᒪᒍᕕᑦ

ᐃᓱᒪᒋᔭᐅᔪᒃᓴᐃᑦ:

- ᐃᓕᑕᖅᓯᖃᑕᕐᓗᑎᑦ ᓱᓇᑦ ᑭᓱᑦ ᐃᓕᖓᓄᑦ ᓂᖓᕐᓇᕈᑕᐅᕙᖓᖔᑕ.
- ᐃᓱᒪᖃᕋᑦᑕᕐᓗᑎᑦ ᐊᓯᐊᓄᑦ ᐱᓱᖏᐊᖃᑲᓚᐅᕐᓂᖅ ᓂᖓᓚᐅᖏᓂᕐᓂᒃ.
- ᐊᔪᕈᓐᓃᖅᓴᐃᓐᓇᕐᓗᑎᒃ ᐃᓱᒪᖃᕈᓐᓇᕐᓂᕐᒥᒃ ᐅᖃᖃᑦᑕᕐᓗᑎᓪᓗ ᒪᑯᓂᖓ: “ᓂᓐᖓᐅᒪᔪᓐᓃᕐᔫᒥᔭᕆᐊᖃᕋᒪ, ᐅᖃᖃᑎᒋᒍᓐᓇᕐᓂᐊᖅᑐᒍᑦ ᐊᓂᒍᖅᐸᑦ.”
- ᕿᒪᒃᓗᒍ ᑕᒪᓐᓇ ᓇᔪᒐᕆᔭᐃᑦ ᐅᓗᕆᐊᓇᑐᖅᑲᕐᓂᐊᖏᑉᐸᑦ (ᓄᑕᖃᐃᑦ ᓱᕈᑏᑦ ᐃᓄᑑᑎᑕᐅᑦᑕᐃᓕᓗᑎᒃ).
- ᐃᑲᔪᖅᑕᐅᔭᖅᑐᕐᓗᑎᑦ ᓂᓐᖓᒃᓯᒪᓂᕐᓄᑦ.
- ᐃᑲᔪᖅᑕᐅᔭᖅᑐᕈᒪᒍᕕᑦ
- ᐸᓛᓯᒃᑯᑦ/>ᑭᖅᑕᓕᒃᑯᑦ ᐅᖃᐅᑎᓯᒪᓗᒋᑦ
- ᐅᖃᕐᓗᑎᑦ ᑭᓇᒧᑦ ᐅᒃᐱᓇᔭᕐᓄᑦ ᓱᓕᔪᓇᔭᕐᓄᑦ
- ᐅᖃᓚᕕᐅᓗᑎᒃ ᑕᑯᒋᐊᖅᑕᐅᓗᑎᒡᓗᓐᓃᑦ ᓄᓇᔾᓯᓐᓂ ᐊᓐᓂᐊᕐᕕᑦ
- ᓄᓇᕗᒻᒥ ᑲᒪᕐᓱᐊᖅᑦ ᐃᑲᔪᖅᑕᐅᔪᒪᔪᓄᑦ ᐅᖃᓚᕕᒃ 7-ᒥᐅᓐᓄᒃᑯᑦ - 12-ᒧᑦ ᖁᑦᓇᓄᑦ ᐅᓄᐊᒃᑯᑦ. (ᑲᓇᖕᓇᕐᒥᐅᓂ) 1-800-265-3333
- ᐊᕐᓇᐃᑦ ᐋᓐᓂᖅᑎᖅᑕᐅᓯᒪᔪᑦ ᐃᑲᔪᖅᑕᐅᕕᖓᓄᑦ ᐅᖃᓚᕕᒃ 1-866-863-0511
- ᐊᖏᕐᕋᓇᔭᐅᔪᓂ ᐋᓐᓂᖅᑎᖅᑕᐅᖃᑕᕐᓂᖏᓐᓄᑦ ᐊᐃᑉᐸᕐᒥᓄᑦ ᐱᖁᑎᒥᓄᑦ ᐃᑲᔪᖅᑕᐅᕕᑦ ᐊᖑᑎᓄᑦ ᐊᕐᓇᓄᑦᓗ ᐅᖃᓚᕕᖓᑦ 1-888-743-5754
- ᓱᕈᓯᕐᓄᑦ ᓄᑕᖃᓄᑦ ᐃᑲᔪᖅᑕᐅᕕᖓᑕ ᐅᖃᓚᐅᑎᖓᑦ 1-800-668-6868
- ᐊᐱᓇᖃᑕᕐᓗᑎᒃ ᐃᑲᔪᖅᑕᐅᔪᒪᓂᖅ: ᓄᓇᓕᖕᓂ ᐃᓱᐊᖅᓴᐃᓗᑦ, ᐅᒃᐱᕐᓂᓕᓇᓗᑦ ᐊᑐᒐᒃᓴᓕᐊᖏᑦ ᓄᓇᓕᖕᓂ ᐱᓗᑦᑎᕋᐅᑎᑦ ᐊᒥᓱᑦ ᐅᖃᐅᔾᔨᒋᐊᖅᑎᐅᔪᓐᓇᖅᐳᑦ ᐊᒻᒪᓗ ᐃᑲᔪᖅᑎᐅᔪᓐᓇᖅᓱᑎᒃ ᐅᖃᕐᕕᒋᒍᕕᒋᑦ ᐃᑲᔪᖅᑕᐅᔪᒪᓂᕐᒧᑦ.

ᖃᓇᐅᔭᒃᓴᖃᖅᑎᑕᐅᓚᐅᖅᑐᑦ ᐅᑯᓄᖓ

ᓄᑕᕋᐃᑦ ᓱᕈᔫᑦ ᐱᑦᑎᐊᖅᑕᐅᖃᑦᑕᖏᓂᖏᑦ

ᓴᓇᔭᐅᓯᒪᔪᑦ ᑖᒃᑯᐊ ᐃᑲᔪᖅᑕᐅᓪᓗᑎᒃ ᐅᑯᓄᖓ: ᑲᓇᑕᒥᐅᑕᓂ ᐊᐅᐸᓗᒃᑐᓂᒃ ᓴᓐᓂᖓᔪᓖᑦ

ᐃᓱᒃᓴᒪᒋᑦ ᐃᓅᓯᕐᒧᑦ ᑲᑎᒪᔨᖏᑦ
ᑎᑎᖃᕐᓂᐊᕐᕕᒃ 2259
ᐃᖃᓗᐃᑦ, ᓄᓇᕗᑦ X0A 0H0
ᖃᕆᑕᐅᔭᒃᑯᑦ ᑎᑎᖃᖅᑖᕐᕕᖓᑦ:
www.inuusiq.com 1-867-975-3233

ᑮᓇᐅᔭᒃᓴᖃᖅᑎᑕᐅᓚᐅᖅᑐᑦ ᐅᑯᓄᖓ

CANADIAN RED CROSS

ᐃᓴᒃᓯᒪᒋᑦ ᐃᓅᓯᕐᒥ ᑲᑐᔾᔨᖃᑎᒌᑦ
IKITIAHIMALUGU INUUHIK KATIMAJIIT

EMBRACE LIFE COUNCIL
CONSEIL SAISIS LA VIE

ᖃᓄᐃᑦᑑᓂᖏᑦ ᐱᑦᑎᐊᖏᓗᑕᐅᕙᒃᑐᑦ

ᐱᑦᑎᐊᖃᑦᑕᖏᓂᖅ ᐊᒥᓱᓂᒃ ᐱᐅᓯᖃᕈᑕᐅᔪᓐᓇᒪᑦ. ᒪᑯᐊ ᑕᒡᕙ ᐊᑖᓃᑦᑐᑦ ᐊᑐᖅᑕᐅᒐᔪᖕᓂᖅᓴᐅᕗᑦ:

ᐃᓗᒃᑯᑦ ᐃᒃᐱᖕᓂᐊᓂᖕᒐᒍᑦ ᐱᑦᑎᐊᕋᑦᑕᖏᓐᓂᖅ…..

ᐱᐅᓯᕆᔭᐅᕗᑦ ᓱᕋᐃᕙᓪᓕᐊᓇᖅᑐᒥᒃ ᐱᐅᓯᖃᕐᓂᖅ ᐱᒋᐊᕈᑕᐅᕙᒃᑐᓂᒃ ᓄᑕᕋᐅᑉ ᓱᕈᓯᐅᑉ ᐃᖕᒥᓂᒃ ᐃᓱᒪᖃᕈᓐᓇᕐᓂᖕᒐᓂᒃ ᓈᒻᒪᖕᓂᕐᒥᓂᒃ ᐊᒻᒪᓗ ᐊᔪᖕᒋᓐᓂᕐᒥᓂᒃ. ᐃᓚᖃᕈᓐᓇᖅᐳᖅ ᑕᒪᓐᓇ ᐱᐅᖕᒋᑦᑐᓂᒃ ᑲᖑᓴᐃᖃᑦᑕᕐᓂᕐᒥᒃ ᐱᐅᖕᒋᓐᓂᕋᐃᓂᕐᒥᒃ, ᖃᖑᓱᓕᖅᑎᑦᑎᓇᓱᖕᓂᕐᒥᒃ, ᐅᓗᓇᐊᓇᖅᓵᕐᕕᐅᓂᖅ

ᐋᓐᓂᖅᑐᐃᔪᓐᓇᕐᓂᕋᐃᓂᕐᒥᒃ, ᑲᑕᒃᑎᑦᑎᓂᓂᖅ, ᐃᓇᐊᓛᕐᕕᖃᕐᓂᓂᖅ/ᖃᐃᒐᓛᕐᕕᖃᕐᓂᓂᖅ ᐊᒻᒪᓗ ᐊᖏᔪᒥᒃ ᓱᖕᓇᓂᖃᕐᓂᖅ.

ᑎᒥᒃᑯᑦ ᐱᑦᑎᐊᖃᑦᑕᖏᓐᓂᖅ…

ᓄᐃᑕᖃᑦᑕᖅᐳᖅ ᐃᓄᒃ ᐱᔾᓇᓗᓂ ᐊᓐᓂᖅᑐᐃᖃᑕᕐᐸᑦ ᐋᓐᓂᖅᑐᐃᓂᐊᕐᓂᕋᐃᒍᓂᓗᓐᓃᑦ ᓱᕈᓯᕐᒥᒃ ᓄᑕᕋᕐᒥᒃ. ᑕᒪᓐᓇ ᐃᓚᖃᖅᑐᖅ ᐊᓐᓂᐅᓯᑐᐃᓂᕐᒥᒃ ᒪᑯᓂᖕᒐ ᐊᔾᔨᓯᓂᖅ, ᐊᔾᔨᕐᓂᖅ, ᑎᒡᓗᒃᑐᐃᓂᖅ, ᐋᓂᖅᑐᐃᓂᖅ, ᑎᒥᒃᑯᑦ ᐱᔾᔪᑎᖃᕐᓂᖅ ᐋᓐᓂᖅᑑᑎᒧᑦ, ᐱᔾᓇᓗᓂᓗ ᐋᓐᓂᖅᑐᐃᑯᑖᖃᑕᕐᓂᕐᒥᒃ.

ᑎᒥᑯᑦ ᐃᒃᐱᒍᓱᑦᑎᐊᖏᓐᓂᖅ…

ᐄᐃᔾᔪᑎᖃᖅᐳᖅ ᐊᑐᖏᓐᓂᖅ ᐱᑕᖃᖅᑎᑦᑎᔭᓇᐊᖃᕐᓂᖅ ᐱᔭᓇᐊᖃᖅᑕᖏᓐᓂᒃ ᐅᕝᕙᓗᓐᓃᑦ ᐊᖅᓵᖅᓯᓯᒪᔭᐅᓂᖏᓐᓂᒃ ᓄᑕᖃᐃᑦ ᓱᕈᓰᑦ ᐱᔭᓇᐊᖃᐃᓐᓇᖅᑕᖏᓐᓂᒃ ᐃᓈᔾᔪᑎᒃᓴᒥᓄᑦ ᐊᒻᒪᓗ ᐃᓈᓂᕐᒧᑦ ᐱᔪᓐᓇᐅᑎᒋᔭᖏᓐᓂᒃ, ᓂᕿᒃᓴᖃᖅᑎᑦᑎᑦᑕᐃᓕᒪᓂᕐᒧᑦ ᐃᒃᐱᒍᓱᑦᑎᐊᖅᑕᐃᓕᒪᓂᕐᒧᓪᓗ.

ᑎᒥᒃᑯᑦ ᐃᒃᐱᒋᔭᖃᖏᓂᖅ ᐱᔾᔭᑯᑕᐅᔪᓐᓇᖅᑐᖅ ᐅᕝᕙᓗᓐᓃᑦ ᐱᔾᔭᑯᑕᐅᖏᒃᑲᓗᐊᕐᓗᓂ ᐊᑐᓕᖅᑎᑕᐅᔪᓐᓇᕐᒥᔪᖅ.

ᐊᕐᓇᕐᓂᐊᖅᑕᐅᓂᕐᒧᑦ/ ᐊᖑᓐᓂᐊᖅᑕᐅᓂᕐᒧᓪᓗᓐᓃᑦ ᐱᑦᑎᐊᖅᑕᐅᖃᑦᑕᖏᓐᓂᖅ…

ᐊᑐᖅᑕᐅᖃᑦᑕᖅᐳᖅ ᑭᓇᑐᐃᓐᓇᖅ ᐱᔾᔭᕆᐅᓗᓂ ᐊᕐᓇᕐᓂᐊᖅᑕᐅᒍᓂ ᐊᖑᓐᓂᐊᖅᑕᐅᒍᓂᓗᓐᓃᑦ ᓱᕈᓯᐅᓂᖓᓂ ᓄᑕᕋᐅᓂᖓᓂ. ᑕᒪᓐᓇ ᐃᓚᖃᕈᓐᓇᖅᑐᖅ ᑯᓂᒃᓴᖅᑕᐅᓂᕐᒥᒃ, ᐊᒃᑐᖅᑕᐅᓂᖅ, ᑯᔭᒃᑕᐅᓂᖅ, ᐅᕝᕙᓗᓐᓃᑦ ᖃᓂᒃᑯᑦ ᐊᕐᓇᕐᓂᐊᖅᑕᐅᓂᖅ ᐊᖑᓂᐊᖅᑕᐅᓂᕐᓗᓐᓃᑦ. ᑕᒪᓐᓇ ᓂᕈᑐᔪᒥᒃ ᑐᑭᖃᖅᑎᑕᐅᖓᒥ ᐃᓚᖃᕐᒥᔪᖅ ᐊᕐᓇᕐᓂᐊᖅᑕᐅᓂᕐᒧᑦ ᐊᖑᓐᓂᐊᖅᑕᐅᓂᕐᒧᓪᓗ ᐊᑐᕐᓂᕐᓗᒃᑕᐅᕙᖕᓂᖅ, ᐸᒡᕕᓴᒍᑕᐅᕙᖕᓂᖅ ᐊᕐᓇᐅᓂᖓᓄᑦ ᐊᖑᑕᐅᓂᖓᓄᓪᓗᓐᓃᑦ, ᐱᔾᓇᔭᐅᓗᑎᒃ ᐃᖕᒥᓂᒃ ᐊᕐᓇᕐᓂᐊᖅᑕᐅᓂᕐᒧᑦ ᐊᖑᓐᓂᐊᖅᑕᐅᔪᓐᓇᕐᓂᕐᒧᓪᓗᓐᓃᑦ ᓂᐅᕕᐊᒃᓴᐅᔪᓐᓇᖅ ᐊᒻᒪᓗ ᑯᔭᒐᒃᓴᐅᓂᕐᒧᑦ ᓂᐅᕐᕈᑎᒃᓴᓕᐊᖑᔪᓐᓇᕐᓂᕐᒧᑦ.

ᐱᕈᖅᓴᐃᓂᒃ ᓱᕈᓯᕐᓂᒃ ᓄᑕᖃᓂᒃ ᐃᓛᓐᓂᒃᑯᑦ ᐊᒃᓱᕈᕐᓇᖅᑐᒃᑰᕈᑕᐅᕙᖕᒪᑕ. ᐱᕈᖅᓴᔪᕕᓂᐅᒍᕕᑦ ᐊᓐᓂᖅᑑᑎᕙᖅᑐᓂᒃ ᐱᐅᓯᖃᐃᓐᓇᖅᑐᓂᒃ, ᐊᔪᕐᓇᕈᓐᓇᕆᕗᖅ ᐃᓕᑕᖅᓯᓯᒪᔪᓐᓇᕐᓂᖅ ᐱᐅᓯᕆᔭᐃᑦ ᐊᐅᓚᑕᐅᔪᓐᓇᐃᓕᓂᖓᓂᒃ.

ᑭᖑᕙᓗᐊᕐᓇᖏᑦᑐᖅ ᐊᓯᔾᔨᔪᓐᓇᕐᓂᖅ ᐃᓕᖅᑯᓯᓕᕆᓕᖅᑕᕐᓂᒃ!

ᐅᔾᔨᖅᑐᕆᐊᖃᓕᕐᓂᕐᓄᑦ ᖃᐅᔨᒪᔾᔪᑎᒃᓴᐃᑦ ᑎᑭᓯᒪᓕᕐᓂᕐᓄᑦ ᐱᑦᑎᐊᖃᑦᑕᖏᓐᓂᕐᒥᒃ ᐱᐅᓯᖃᕐᓂᕐᒥᒃ ᐃᒪᐃᓐᓇᑐᔪᓐᓇᖅᐳᑦ ᖃᐅᔨᒪᔾᔪᑎᒃᓴᑎᑦ:

1. ᓂᖓᐅᒪᓂᕐᒥᒃ ᓄᖃᖅᑎᑦᑎᔪᓐᓇᐃᓕᒍᕕᑦ - ᐊᐅᓚᑦᑎᔪᓐᓇᐃᓕᓯᒪᓕᕈᕕᑦ ᖃᓄᑐᐃᓐᓇᖅ ᐃᒃᐱᖕᓂᐊᓕᖅᑕᕐᓂᒃ ᐃᓗᒃᑯᑦ

2. ᐃᓗᒃᑯᑦ ᐃᒃᐱᖕᓂᐊᓕᕈᕕᑦ ᐃᓚᖃᕈᓐᓂᖅᓯᒪᓂᖅ ᓄᑕᕋᕐᓂᒃ ᓱᕈᓯᕐᓂᒃ

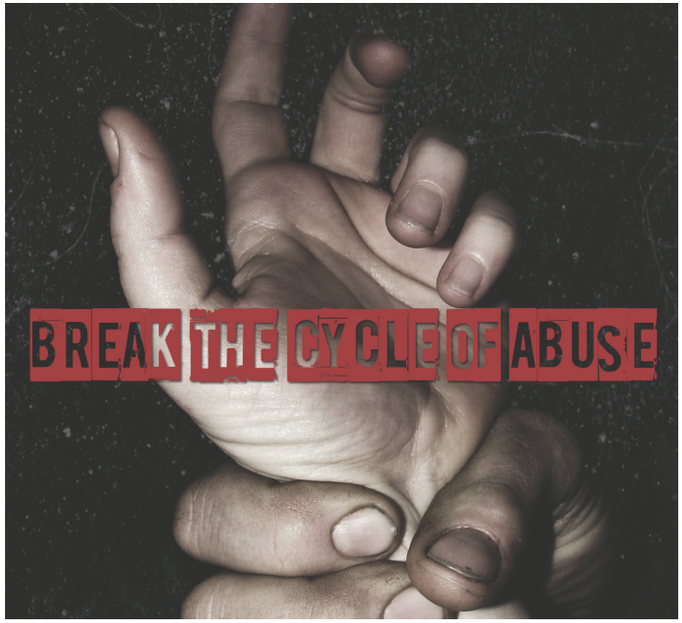
3. ᐊᖑᒪᔪᓐᓇᕐᓂᖅ ᓄᑕᕋᖅᐱᑦ ᓱᕈᓯᕐᐱᑦ ᖃᐅᑕᒫᖅ ᐱᔭᓇᐊᖃᖅᑕᖏᓐᓂᒃ ᐊᔪᕐᓇᖅᓯᓗᐊᖅᐸᑦ

4. ᐊᓯᖏᑦ ᐃᓄᐃᑦ ᐅᖃᐅᓯᖃᖅᓯᓕᕈᑎᒃ ᐃᓗᖕᓄᑦ ᐃᓱᒪᓗᑎᖃᕐᓂᕐᒥᓂᒃ ᖃᓄᐃᓕᐅᕈᓯᓇᓕᖅᑕᕐᓂᒃ

ᐊᔪᕐᓇᕐᓂᐊᕋᓗᐊᖅᑎᓪᓗᒋᑦ ᐃᓕᑕᓇᔭᐅᔪᓐᓇᕐᓂᖏᓐᓄᑦ ᑕᒪᒃᑯᐊ ᐊᑲᐅᖏᓕᐅᕈᑕᐅᔪᑦ ᐃᓱᒪᓗᑕᐅᔪᑦ, ᐱᓂᖅᐹᖑᕗᖅ ᑕᐃᒪ ᐃᓕᖕᓂᒃ ᓴᐳᓐᓂᐊᑲᐅᑎᒋᑦᑕᐃᓕᒪᓂᖅ, ᑭᓯᐊᓂ ᖃᓄᐃᓕᐅᕈᑎᒃᓴᖃᖕᒐᓇᐊᕐᓂᖅ.

ᐃᑲᔪᖅᑕᐅᔪᓐᓇᖅᐳᑎᓐ

ᐅᖃᕐᕕᒋᓗᒋᑦ ᓄᓇᓯᓐᓂ ᐊᓐᓂᐊᕐᕕᒃᓯ, ᐃᓚᒋᖕᓄᑦ ᐃᓄᓕᓇᔭᒃᑯᑦ ᐅᕝᕙᓗᓐᓃᑦ ᑭᓇᑐᐃᓐᓇᖅ ᓱᓕᔪᓇᔭᐃᑦ ᑐᖓᕕᒋᔪᓐᓇᖅᑕᐃᑦ ᐃᑲᔪᖅᑕᐅᔪᒪᓂᕐᒧᑦ.



ᒪᓕᒐᖅᑎᒍᑦ ᐅᕐᑲᐅᓯᕐᑲᓇᐊᕐᑲᕐᓂᖅ ᖃᐅᔨᒍᕕᑦ

ᖃᐅᔨᒪᔭᖃᕈᕕᑦ ᓱᕈᓯᕐᓂᒃ ᓄᑕᕋᒥᒃ ᓴᐳᓐᓂᐊᖅᑕᐅᓯᒪᔭᓇᐊᕐᑲᖅᑐᒥᒃ, ᒪᓕᒐᖅᑎᒍᑦ ᐅᕐᑲᐅᓯᓇᔭᓇᐊᕐᑲᖅᐸᐃᑦ ᐸᓖᓯᒃᑯᓐᓄᑦ ᐳᑭᖅᑕᓕᒃᑯᑦ. ᐅᕐᑲᕐᕕᒋᓂᐊᖅᐸᐃᑦ ᓄᓇᔾᓯᓂ ᐸᓖᓯᒃᑯᑦ, ᐳᑭᖅᑕᓕᒃᑯᑦ, ᐃᓄᓕᓇᔨᒃᑯᑦ ᐅᕝᕙᓗᓐᓃᑦ ᐃᓕᓐᓂᐊᖅᑎᑦᑎᔨᐅᔪᖅ, ᐃᓱᐊᖅᓴᐃᔨᐅᔪᖅ, ᐃᓄᓕᓇᔨᐅᖃᑕᐅᔪᕐᓗᓐᓃᑦ.

ᓱᕈᓯᐅᒍᕕᑦ ᓄᑕᕋᐅᒍᕕᑦ ᐱᔾᓇᔭᐅᖏᓐᓇᖅᓱᑎᒃ ᐅᕝᕙᓗᓐᓃᑦ ᐃᒃᐱᒋᔭᐅᖏᒃᑯᕕᑦ ᐃᓱᒪᒋᔭᐅᖏᔅᓱᑎᑦ, ᐅᖃᐅᓯᓇᑕᐃᓕᒪᐃᓐᓇᕐᓂᐊᖏᓕᐃᑦ. ᐅᖃᐅᓯᓇᓂᐊᖅᐸᐃᑦ ᑕᒪᓐᓇ ᐃᓕᓐᓂᐊᖅᑎᑦᑎᔨᒧᑦ, ᐃᓕᒋᔭᕐᓄᑦ, ᐃᓱᐊᖅᓴᐃᔨᒧᑦ, ᐃᓄᓕᓇᔨᒧᑦ ᐊᓯᖓᓄᓪᓗᓐᓃᑦ ᐃᕐᓇᕐᒧᑦ ᓱᓕᔪᓇᔭᕐᓂᒃ ᑐᖓᕕᒋᔪᓐᓇᕐᓂᖅ.

ᒪᓕᒐᖅᑎᒍᑦ ᒪᓕᒐᖅᑕᒪᑦ ᑲᒪᔨᐅᑎᑕᐅᓂᕐᒥᒃ - ᐃᓱᒪᖅᓲᑕᐅᖏᑦᑐᖅ ᐃᓕᖕᓄᑦ - ᑭᓇᑐᐃᓐᓇᖅ ᖃᐅᔨᒪᔭᖃᕈᓂ, ᐅᕝᕙᓗᓐᓃᑦ ᐸᓴᓯᓕᕈᓂ ᑲᖏᓱᑐᐃᓐᓇᕐᓗᖃᕈᓂᓗᓐᓃᑦ, ᓱᕈᓯᖅ ᓄᑕᕋᖅ ᐱᑦᑎᐊᖅᑕᐅᖃᑦᑕᖏᓐᓂᖓᓂᒃ ᐅᕝᕙᓗᓐᓃᑦ ᐅᓗᓇᐊᓇᖅᑐᒥᓕᕈᓂ ᐱᑦᑎᐊᖅᑕᐅᔪᓐᓂᖅᐸᓪᓕᐊᓂᖓᓂᒃ, ᐅᖃᐅᓯᓇᑎᐊᖅᑕᐃᑦ ᐃᓄᓕᓇᔨᒃᑯᓐᓄᑦ ᐊᒻᒪᓗ/ ᐅᕙᓗᓐᓃᑦ ᐸᓖᓯᒃᑯᓐᓄᑦ ᐳᑭᖅᑕᓕᑯᓐᓄᑦ.

ᓱᕈᓯᕐᓄᑦ ᐃᓚᒋᖕᓄᓪᓗ ᐱᔨᑦᑎᕋᐅᑏᑦ ᒪᓕᒐᖏᑦ ᒪᓕᒐᐅᔪᑦ ᐅᖃᐅᓯᖃᖅᑕᖅᑕᓇᐊᖃᕐᓂᕋᐃᓂᖅ ᐅᖃᖅᓯᒪᔪᑦ ᐃᒪᓐᓇ: “ᑭᓇᑐᐃᓐᓇᖅ ᐃᓄᒃ ᖃᐅᔨᒪᔭᖃᕈᓂ ᐱᔾᔪᑎᒃᓴᖃᕐᑎᐊᕈᓂᓗᓐᓃᑦ ᐅᒃᐱᕈᓯᓕᖅᓯᒪᓂᕐᒧᑦ ᓱᕈᓯᖅ ᓄᑕᕋᖅ ᓴᐳᓐᓂᐊᖅᑕᐅᓯᒪᔭᓇᐊᕐᑲᕐᓂᖓᓂᒃ, ᒫᓐᓇᑲᐅᑎᒋ ᑭᖑᕙᖏᑦᑐᒥᒃ, ᐅᖃᐅᓯᖃᓇᐊᖃᖅᐳᖅ ᑕᒪᑐᒥᖓ

(a) ᓱᕈᓯᓕᓇᔨᓄᑦ ᓄᑕᕋᓕᓇᔨᓄᑦ ᐃᓄᓕᓇᔨᑯᖏᓐᓄᑦ ᐱᓕᓇᕕᖕᒧᑦ; ᐅᕝᕙᓗᓐᓃᑦ

(b) ᓱᕈᓯᓕᓇᔨᓄᑦ ᓄᑕᕋᓕᓇᔨᓄᑦ ᐃᓄᓕᓇᔨᐅᔪᖅ ᐊᑐᐃᓐᓇᐅᖏᑯᓂ, ᖃᐅᔨᓴᖅᑎᒍᑦ ᐱᕋᔭᑕᐃᓕᒪᑎᑦᑎᓂᕐᒧᑦ ᐅᕝᕙᓗᓐᓃᑦ ᐊᐅᓚᑦᑎᔨᐅᑎᑕᐅᔪᒧᑦ ᐃᓄᖕᒧᑦ ᐱᔪᓐᓇᕐᓂᖃᖅᑎᑕᐅᔪᒧᑦ.