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Children and Family Services
(867) 898-9131

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Community Health Representative
(867) 898-9922

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Community Justice Outreach Worker
(867) 898-9045

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Fire Emergency Calls
(867) 898-4422

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Hamlet office
(867) 898-9951

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Health Centre
(867) 898-9968

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Housing Association
(867) 898-9942

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Income support
(867) 898-9274

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Mental Health Nurse Direct
(867) 898-9240

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Nunavut Victim Services
1-866-456-5216

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Office of the Representative for Children and Youth
1-855-449-8118

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Pulaarvik Kablu Support Line
1-844-654-3580

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RCMP
(867) 898-0123 or / ᐅᐅᐅᐅᐅᐅᐅ 1111



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IQITIAQHIMALUGU INUUHIQ KATIMAJIIT
EMBRACE LIFE COUNCIL
CONSEIL SAISIS LA VIE

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ᖃᐅᑕᑦ ᐃᑲᑦᐅᑎᐅᑦᑕᑦ ᖃᖅᓕᓂᐃᑦᐅᑦᑕᑦ Hour Resources:

E: ᖃᑦᑕᑦᑎᑕᑦ English
I: ᐃᑎᑲᑦᑎᑕᑦ Inuktitut
F: ᐅᐃᐃᑦᑎᑕᑦ French

ᓄᓇᑭᑦ ᑲᓕᑦᑕᑦᑎᑕᑦᑎᑕᑦ
Nunavut Kamatsiaqtut Helpline (E/I)
1-800-265-3333 or/ ᐅᑦᑦᑕᑦᑎᑕᑦ (867) 979-3333

ᑕᑲᑦᑎᑕᑦ ᐅᖃᑲᑕᐅᑎᑦᑎᑕᑦ ᐃᑲᑦᑎᑕᐅᑦᑕᑦᑎᑕᑦ
Kids Help Phone (E/F)
1-800-668-6868

Text **686868** | Type "TALK" to start talking to a counselor
ᐅᖃᑲᑕᐅᑎᑦᑎᑕᑦᑎᑕᑦ ᓇᑦᑎᑕᐅᑎᑦᑎᑕᑦᑎᑕᑦᑎᑕᑦᑎᑕᑦ
"TALK" ᓇᑦᑎᑕᑦᑎᑕᑦᑎᑕᑦᑎᑕᑦᑎᑕᑦᑎᑕᑦᑎᑕᑦᑎᑕᑦ
Online Chat. www.kidshelpphone.ca

ᖃᑲᓇᐃᑦᑎᑕᑦᑎᑕᑦᑎᑕᑦᑎᑕᑦᑎᑕᑦᑎᑕᑦᑎᑕᑦᑎᑕᑦᑎᑕᑦᑎᑕᑦ
Employee/Family Assistance (E/I)
Government of Nunavut | ᓄᓇᑭᑦ ᓕᑲᑲᑦᑎᑕᑦ
1-800-663-1142
Government of Canada | ᓕᑲᑲᑦᑎᑕᑦᑎᑕᑦᑎᑕᑦᑎᑕᑦᑎᑕᑦᑎᑕᑦ
1-800-268-7708

ᑲᓇᑕᑲᑦ ᐃᑲᑦᑎᑕᑦᑎᑕᑦᑎᑕᑦᑎᑕᑦᑎᑕᑦᑎᑕᑦᑎᑕᑦᑎᑕᑦ
Canada Suicide Prevention Service (E/F)
1-833-456-4566

Texting service **45645** ᐅᖃᑲᑕᐅᑎᑦᑎᑕᑦᑎᑕᑦᑎᑕᑦ
ᓇᑦᑎᑕᐅᑎᑦᑎᑕᑦᑎᑕᑦᑎᑕᑦᑎᑕᑦᑎᑕᑦᑎᑕᑦᑎᑕᑦᑎᑕᑦ
ᖃᑲᑦᑎᑕᑦᑎᑕᑦᑎᑕᑦᑎᑕᑦᑎᑕᑦᑎᑕᑦᑎᑕᑦᑎᑕᑦ
Online Chat. www.crisisservicescanada.ca

ᐃᑲᑦᑎᑕᑦᑎᑕᑦᑎᑕᑦᑎᑕᑦᑎᑕᑦᑎᑕᑦᑎᑕᑦᑎᑕᑦᑎᑕᑦ
Assaulted Women's Helpline (E/F)
1-866-863-0511

ᐃᑲᑦᑎᑕᑦᑎᑕᑦᑎᑕᑦᑎᑕᑦᑎᑕᑦᑎᑕᑦᑎᑕᑦᑎᑕᑦ
ᐃᑲᑦᑎᑕᑦᑎᑕᑦᑎᑕᑦᑎᑕᑦᑎᑕᑦᑎᑕᑦᑎᑕᑦᑎᑕᑦ
Residential School Survivors Help Line (E/I)
1-866-925-4419

ᐃᑲᑦᑎᑕᑦᑎᑕᑦᑎᑕᑦᑎᑕᑦᑎᑕᑦᑎᑕᑦᑎᑕᑦᑎᑕᑦ
ᓄᓇᑭᑦ ᓇᑦᑎᑕᑦᑎᑕᑦᑎᑕᑦᑎᑕᑦᑎᑕᑦᑎᑕᑦᑎᑕᑦ
Inuit and First Nations Hope for
Wellness Helpline (E/I)
1-855-242-3310

ᐃᑲᑦᑎᑕᑦᑎᑕᑦᑎᑕᑦᑎᑕᑦᑎᑕᑦᑎᑕᑦᑎᑕᑦᑎᑕᑦ
Child First Initiative (E/F)
1-855-572-4453

www.canada.ca/supporting-inuit-children
*** ᐃᑲᑦᑎᑕᑦᑎᑕᑦᑎᑕᑦᑎᑕᑦᑎᑕᑦᑎᑕᑦᑎᑕᑦᑎᑕᑦᑎᑕᑦ
*** Not counseling service, for financial support