

LETTER TO MY FUTURE SELF

Are you ready to write a letter to your future self? Cut these pages out and put them somewhere safe, where you can read it when you are older. Set a reminder on your phone for the date when you want to open it, as well as where you hid the letter! It can be 6 months from now, 1 year, 5 years - even 10 years!

Here are some prompts to help you get started:

- This is what I did today...**
- This is my favourite music/movie/show right now...**
- I've been thinking about this alot lately...**
- I hope that this will happen soon...**
- What is it like in the future?**
- This is something funny that happened today...**
- This is something that scares me right now...**
- This is something that I'm stressed about these days...**
- This is what's been going on here lately...**

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.



