

LETTER TO MY LOVED ONE

Are you ready to write a letter to your loved one? You can write anything to them - you can ask questions, let them know how you have been doing.. Anything that you feel is right.

Here are some prompts to help you get started:

- This is what I did today...
- This is my favourite music/movie/show right now...
- I've been thinking about this alot lately...
- I hope that this will happen soon...
- What is it like in the future?
- This is something funny that happened today...
- This is something that scares me right now...
- This is something that I'm stressed about these days...
- This is what's been going on here lately...
- This is something that I wish I told you before...
- What is it like where you are?
- I wish that...
- I wonder....
- Sometimes I miss...
- I want to...
- I will...

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

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