

MEMORIES

Are you ready to explore some memories of your loved one? Think about these questions, and answer them in your own time.

Something they always said to me:

They were the best at:

My favourite thing to do with them was:

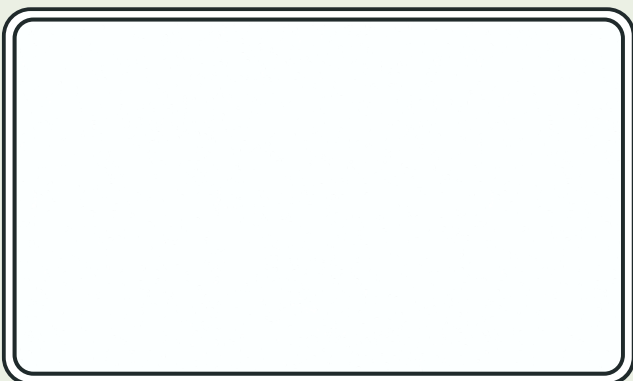
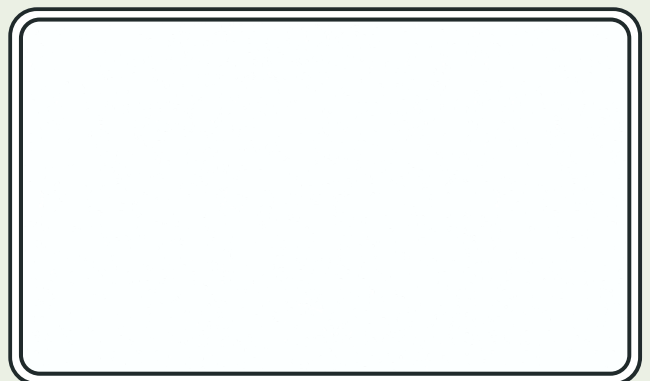
One thing that I really loved about them:

Their favourite food:

Something that reminds me of them:

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Now, choose your own memories to write down!

A large, empty rectangular box with rounded corners and a double-line border, intended for writing a memory.A large, empty rectangular box with rounded corners and a double-line border, intended for writing a memory.A large, empty rectangular box with rounded corners and a double-line border, intended for writing a memory.A large, empty rectangular box with rounded corners and a double-line border, intended for writing a memory.A large, empty rectangular box with rounded corners and a double-line border, intended for writing a memory.A large, empty rectangular box with rounded corners and a double-line border, intended for writing a memory.

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Funerals, memorials, and other rituals and ceremonies can help you say good-bye to and honor the person who died.

Other ways that you can express your love for them include creating art, writing music, poetry, going on the land, sewing, and simply remembering.

How would you like to remember them?

Below, use drawings/art, words, images, or songs to brainstorm your own way to honour your loved one.

