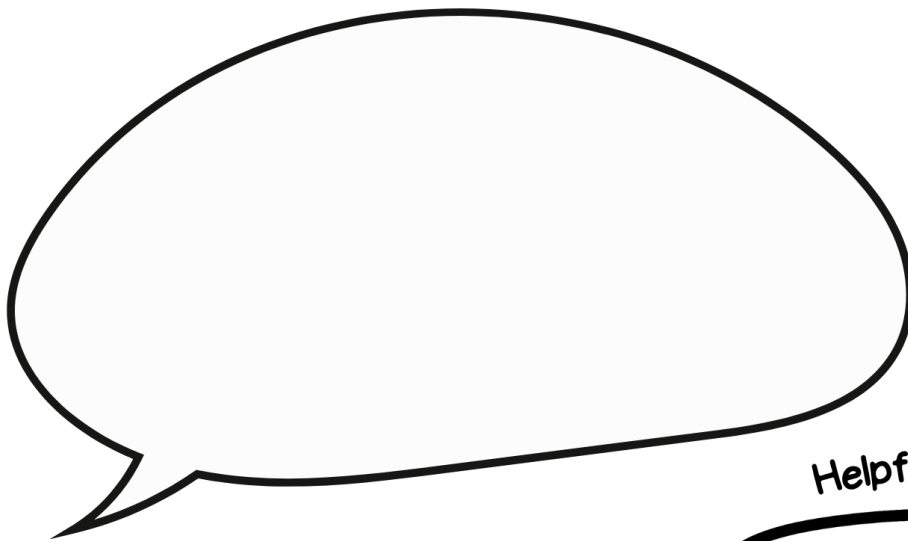
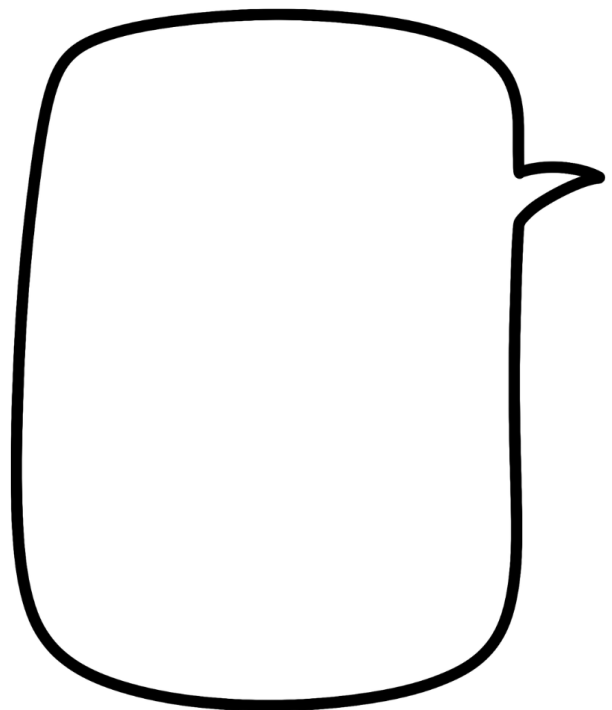
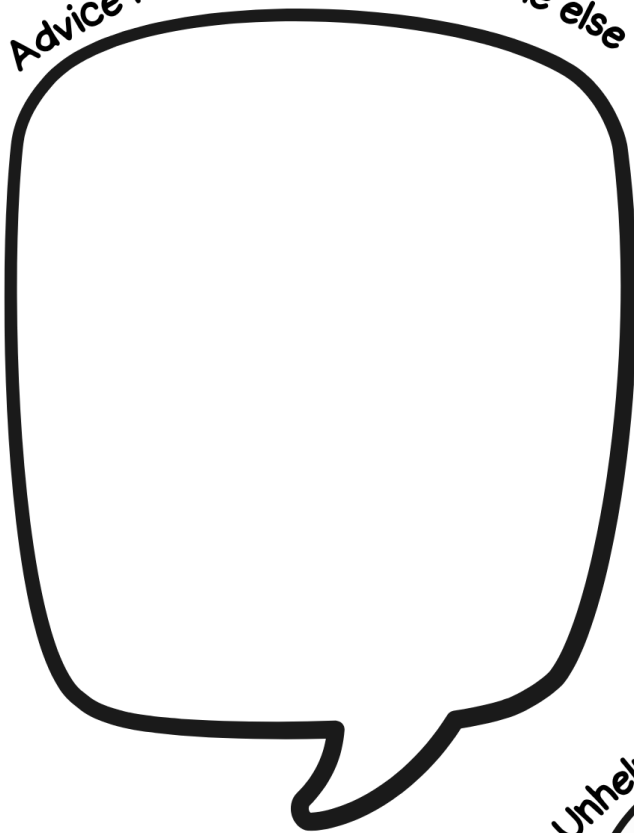




Helpful advice

Advice I would give to someone else



Unhelpful advice...

